

Stories of Hope



Intas Foundation as part of its commitment to giving back to the society, extended its activities nationwide for the welfare and wellbeing of various communities and institutions. This document provides a brief collection of diverse impact stories and testimonials.



About Intas Foundation

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Intas Foundation is the social responsibility arm of Intas Pharmaceuticals, dedicated to advancing inclusive growth and sustainable well-being. Aligned with the Global Sustainable Development Goals, the Foundation undertakes impact-driven initiatives in healthcare, socio-economic empowerment, and community development. Through strategic collaborations and field-based programs, it strives to improve quality of life for underserved populations, guided by the core values of Compassion, Operational Excellence, Passion, and Equity.

For more details, visit us at www.intasfoundation.org.

Mission

To create sustainable and affordable opportunities in the field of health, education and socio-economic development through quality infrastructure, services and evidence-based interventions.

Objective

To provide and improve the access of quality infrastructure and services for the needy population.

Our Values

C

Compassion for All

O

Operational Excellence

P

Passion for the Cause

E

Equity in Program Delivery



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Reeta, from Amethi, Uttar Pradesh, was travelling a long distance to Chandigarh for her cancer treatment. Managing the repeated journeys while undergoing chemotherapy and finding a suitable place to stay became difficult for her.

When Reeta was undergoing cancer treatment, the journey from Amethi to Chandigarh was already physically demanding. During this difficult phase, she also found herself increasingly isolated. Even some of her closest relatives were unwilling to support her because of the stigma and fear surrounding her illness. She felt that people around her had begun distancing themselves from her, leaving her without the support she needed while travelling repeatedly for treatment.

During this period, she learned about Apna Ghar from another woman who suggested that she could stay there instead of travelling such a long distance or depending on relatives for accommodation. By then, Reeta had completed her chemotherapy and later came to Apna Ghar following her surgery.

When Reeta first arrived after her surgery, she was anxious and unsure about the environment and the rules at the Transit Home. She was very worried about how she would be received and whether she would be comfortable staying there.

However, within two to three days, her initial apprehension gradually changed. She began feeling comfortable with the people and the environment at Apna Ghar. She appreciated the food and accommodation facilities and found the people around her welcoming and supportive.

The care and attention from the Apna Ghar team also helped her feel reassured. The staff regularly checked on her and asked whether she was facing any difficulties or needed anything.

Staff at the facility made sure to ask about her well-being and encouraged her to speak up if she faced any problem.

For Reeta, Apna Ghar gradually became a comfortable and supportive place during her treatment journey. What initially made her anxious eventually became an environment where she felt at ease and cared for.

Reeta's experience reflects how a safe place to stay, along with attentive care and support, can bring comfort to a patient during a difficult phase of treatment.



Ms. Reeta, Patient
Amethi, Uttar Pradesh
Audio Language - Hindi

Suman Maity, an 8-year-old boy from Purba Medinipur, West Bengal, has been undergoing treatment for a brain tumour. In May 2026, he experienced frequent vomiting for around one and a half months. Following medical consultation and a brain PET/CT scan, a brain tumour was detected, and the family was advised to begin treatment immediately. Within three days, they travelled to NIMHANS, Bengaluru, where Suman underwent surgery and remained under medical supervision for approximately one and a half months. After returning home, the family brought him to Chittaranjan National Cancer Institute (CNCI), Kolkata, for further treatment.

With Suman's treatment expected to continue for a prolonged period, travelling back and forth from Purba Medinipur to Kolkata became physically and financially challenging for the family. The situation was particularly difficult as Suman was only eight years old and required regular hospital visits and continuous support from his family.

The family also faced financial constraints, with Suman's father being the sole earning member. Arranging accommodation, daily meals and transportation near the hospital added to the financial burden. Regular commuting further increased the physical strain on the family. During this challenging period, Apna Ghar provided the family with a safe and secure home away from home.

The availability of accommodation, nutritious meals and dedicated transportation to and from the hospital helped address some of their most important practical needs. With these concerns taken care of, the family could focus their attention on Suman's treatment and recovery rather than worrying about where they would stay, how they would arrange meals or how they would manage frequent travel with a young child.

For Suman and his family, Apna Ghar has provided more than accommodation. The homely environment has given them a sense of safety, stability, dignity and emotional reassurance during a difficult phase of their lives. The family shared that staying at Apna Ghar feels much like being in their own home, with essential facilities readily available. The support has also helped substantially reduce their out-of-pocket expenses and the physical strain associated with repeated travel.

Suman is currently continuing his radiation therapy at CNCI. A few treatment sessions are still remaining, but he has responded well so far, with noticeable improvement in his overall condition and a significant reduction in the symptoms and discomfort he experienced before treatment.



Ms. Srma Maity, Caregiver
Purba Medinipur, West Bengal
Audio Language - Bengali

Vilas Dhondiram Pawar, 53, from Junner, Pune, is undergoing treatment for buccal mucosa cancer. He is currently receiving radiation therapy and regularly attending his scheduled appointments.

During his treatment journey, finding a comfortable and supportive place to stay became an important need for Vilas. He came to know about Apna Ghar and contacted the team to understand the arrangements for staying there. After following up with the team, he came to Apna Ghar and began his stay.

From the time he arrived, Vilas had a positive experience. He found the environment well organised and was happy to meet good and supportive people. For him, having caring people around was particularly important and helped him feel comfortable during his stay.

Vilas especially appreciated the supportive nature of the staff. He shared that the staff treated everyone well and did not speak harshly to residents. Their kind and approachable behaviour gave him a sense of comfort and reassurance.

The day-to-day arrangements at Apna Ghar also contributed to his positive experience. He appreciated that food and breakfast were provided on time and that the facilities were properly managed. With the essential arrangements taken care of, he had fewer things to worry about during his stay.

The welcoming environment and the people around him made Apna Ghar feel comfortable for Vilas. The experience was not only about having a place to stay, but also about being surrounded by people who treated him with care and respect.

For Vilas, Apna Ghar has provided a comfortable, well-managed and supportive environment during his treatment journey. The caring staff, timely meals and well-organised facilities have helped make his stay easier and more reassuring.

For Vilas, Apna Ghar has become a place where good care, supportive people and a comfortable environment come together to make a difficult treatment journey a little easier.



Mr. Vilas , Patient
Pune, Maharashtra
Audio Language - Marathi

Janni Lacchayya, a 50-year-old farmer from Srikakulam district, Andhra Pradesh, was diagnosed with oral cancer after experiencing health concerns. Following medical consultation, he underwent surgery and was subsequently advised to undergo 30 days of radiation therapy. He was referred to Medcover Hospital, Visakhapatnam, where continuous care and regular hospital visits were required.

For Janni and his family, the distance from home made travelling back and forth to the hospital every day a major challenge. Staying in Visakhapatnam for an extended period also brought additional expenses, including accommodation, food and local transportation. For the family, managing these costs while continuing cancer treatment was difficult.

During this period, they came to know about Apna Ghar, where patients and caregivers can stay comfortably while receiving treatment. The family arrived at Apna Ghar and stayed there for around two to three weeks during Janni's treatment.

Apna Ghar helped ease many of the practical challenges they were facing. The family received accommodation, food and clean drinking water, while transportation was arranged for hospital visits, removing the need to worry about daily commuting.

Beyond these essential services, the peaceful and welcoming environment gave Janni and his family a sense of comfort during a difficult period. They felt safe and relieved knowing that their basic needs were taken care of while Janni focused on completing his treatment.

The family particularly appreciated the home-like atmosphere at Apna Ghar. For them, the name truly reflected their experience—the space felt like their own home away from home, providing a familiar sense of comfort while they were away from their village.

The support also contributed to Janni's ability to continue his treatment without the added burden of managing accommodation, food and transportation. With continuous chemotherapy and radiation over one month, he showed significant improvement and reached the final stage of treatment, while the support from Apna Ghar contributed to treatment completion and emotional stability.



Mr. Janni Netaji, Caregiver
Srikakulam, Andhra Pradesh
Audio Language - Telugu

Deepika R, a 24-year-old from Thiruvarur District, Tamil Nadu, was diagnosed with lymphoma about a year ago and is currently undergoing treatment at Chennai. She initially travelled to Chennai for a Bone Marrow Transplant (BMT), but following consultation, her treatment plan was changed and she is now undergoing radiation therapy.

For Deepika, travelling between Thiruvarur and Chennai during treatment was a significant challenge. The journey takes around five to six hours, making frequent travel physically tiring and difficult to manage. Before discovering Apna Ghar, she had to stay in accommodation outside the hospital and spend money on both lodging and food.

Her doctor at VHS Hospital later referred her to Apna Ghar, where she found a safe and comfortable place to stay during her treatment. The provision of free accommodation and three nutritious meals every day helped reduce the financial burden associated with travelling and staying in Chennai. The savings have allowed Deepika to use her resources for her medical treatment and other essential needs.

The impact of Apna Ghar, however, has extended beyond financial assistance. During the early stages of her treatment, Deepika found herself constantly thinking about her illness and felt like a patient throughout the day. After moving into Apna Ghar, the peaceful and homely environment gradually changed her mindset. She began to feel calmer, more comfortable and mentally relaxed.

The presence of other patients and caregivers also became an important source of encouragement. By interacting with them and listening to their experiences, Deepika gained confidence and hope. She found comfort in knowing that others were going through similar journeys and continuing their treatment with courage.

The sense of community at Apna Ghar has made the experience even more meaningful for her. In the evenings, residents come together, talk and spend time with one another. Weekly activities also provide opportunities for relaxation and mental well-being. Deepika particularly draws encouragement from patients who have previously stayed at Apna Ghar and completed their treatment, as their experiences give her hope for her own journey.

For Deepika, Apna Ghar has become much more than a place to stay. It has given her the comfort of home, freedom from the worries of travel and accommodation, and a supportive community during a challenging phase of treatment. She feels fortunate to have found a place where she can focus on her recovery while being surrounded by people who understand her journey.

Apna Ghar has helped transform Deepika's treatment journey from one marked by travel and uncertainty into one filled with comfort, companionship, confidence and hope.



Ms. Deepika, Patient
Thiruvarur, Tamil Nadu
Audio Language - Tamil

Shravan Kumar Saini, 48, from Neem Ka Thana, Sikar, Rajasthan, accompanied his wife, Kiran Devi, through her cancer treatment in Jaipur. Kiran was diagnosed with cancer in January 2026 and underwent surgery at Sawai Man Singh Hospital, followed by chemotherapy and radiotherapy. The treatment required the couple to travel to Jaipur repeatedly.

Travelling from Neem Ka Thana to Jaipur every 21 days became a significant challenge for the family. During radiotherapy, Kiran needed to stay in Jaipur for a longer period, making accommodation, food and transportation additional concerns. The cost of staying in a hotel could reach nearly ₹40,000, which was beyond the family's financial capacity. It was during this time that they came to know about Apna Ghar through a board at the hospital.

Apna Ghar immediately helped ease some of the practical and financial difficulties they were facing. The facility provided accommodation for the patient and one caregiver, along with food and transportation to the hospital. This significantly reduced their expenses on accommodation, meals and local travel, allowing the family to direct their limited resources towards treatment and other essential needs.

However, the support they received went beyond financial assistance. Cancer treatment brought fear, anxiety and uncertainty for both Shravan and Kiran.

At Apna Ghar, the management and security teams provided them with a supportive and welcoming environment. Activities such as yoga, Antakshari, conversations and group activities helped them stay engaged, reduce stress and feel less isolated during the treatment period.

The clean, safe and well-organised surroundings gave the family a sense of peace and emotional strength. With their accommodation, meals and transportation taken care of, they could focus more fully on Kiran's treatment without the constant worry of managing everyday arrangements in an unfamiliar city.

For Shravan and Kiran, Apna Ghar gradually became much more than a transit home. It provided the comfort of a familiar environment and the reassurance of having people around who supported them through a difficult phase. Today, Shravan reflects that Apna Ghar not only reduced their financial burden but also strengthened them emotionally and made their treatment journey easier. For the family, it became a second home, a source of hope and a true support system when they needed it most.



Mr. Shravan Kumar, Caregiver
Sikar, Rajasthan
Audio Language - Hindi

Antony G., 47, from Sivagangai, Tamil Nadu has lived with hemophilia since birth in 1979. Throughout his life, he has experienced recurrent joint bleeding and swelling, requiring careful and ongoing management. He is associated with the Dindigul Hemophilia Chapter Society and was connected to Intas Foundation's H-PAP programme through Dr. Anburasi.

Living with hemophilia means that managing joint bleeds promptly is an important part of Antony's daily life. Through the H-PAP programme, Antony, along with around 80 other patients in the Saravanampatti community, received practical support to help manage such episodes more effectively.

As part of the programme, beneficiaries received a self-care kit containing a crepe (elastic) bandage and a hot-and-cold water bag, along with hands-on training on how to use these tools appropriately. The programme focused not only on providing the resources but also on building the knowledge and confidence needed to use them correctly.

For Antony, this training has made a meaningful difference in the way he responds when a joint bleed occurs. He learned how controlled pressure from the crepe bandage can help contain swelling when applied at the onset of symptoms. The warm water bag has also helped him manage pain and swelling during episodes.

The hands-on guidance was particularly valuable because Antony learned when and how to use each tool, as well as when not to use them. This has given him greater confidence to respond quickly and appropriately when symptoms begin, making immediate self-care more accessible to him.

The support provided through H-PAP has therefore gone beyond distributing essential self-care resources. By combining equipment with practical training, the programme has helped Antony take a more active role in managing his condition at home.

Today, Antony is better equipped to respond to joint bleeds at an early stage. With the crepe bandage and hot-cold water bag, he is able to manage swelling and pain early and help prevent the bleeding from worsening.

For Antony, H-PAP has turned essential support into greater confidence and self-reliance—putting the knowledge and tools to manage his condition more effectively directly in his hands.



Mr. Antony G, Patient
Sivagangai, Tamil Nadu
Audio Language - Tamil

"It has been such a blessing for cancer patients especially from remote areas. Everything free of cost, free food, free service and everything. And I am thrilled to hear that they even provide counselling regarding mental and physical health. As it is crucial for battling with cancer. I really appreciate that they provide assistance with genuine enthusiasm and empathy. May this foundation continue to uplift and support for those in need. Thank You."

-Dr. C Lalthansanga



Dr. C Lalthansanga, Dentist
Smile Concept dental clinic
Aizawl, Mizoram
Audio Language - English

"The facility is very well maintained, clean, and hygienic. Free accommodation and meals are provided to both patients and their attendants. I would like to recommend that if patients or their attendants face any difficulty in finding accommodation in Ranchi, they should contact Apna Ghar and avail themselves of this facility."

-Dr. Deepak



Dr. Deepak Kumar, Oncologist
Ranchi Cancer Hospital,
Ranchi, Jharkhand
Audio Language - Hindi

"Apna Ghar is doing wonderful Job at Lakdikapul. We did a camp at Apna Ghar i Saw the facilities over there as it is very clean and neat with Hygiene Excellent care providing to patient and family, and providing food, Counselling interactive sessions, motivation and engaging the patients always also moral support for free of cost is very rare. Patients are enjoying and cherishing over there, and the staff is very kind. I thank Apna Ghar for doing wonderful job and please continue the same in future."

- Dr. Anjaneyulu



Dr. Anjaneyulu, Doctor
Pavani Hospice
Hyderabad, Telangana
Audio Language - English

"Most of the patients I saw come from underprivileged backgrounds, making the support and initiatives provided by Apna Ghar deeply valuable. Apna Ghar provides free accommodation, nutritious food, and transportation facilities for both the patients and their accompanying family members completely free of cost. Apna ghar helps them complete their treatment journey smoothly. If anyone in my known circle ever faces a similar situation, I will definitely recommend they reach out to Apna Ghar."

- Ms. Bijoyita



Ms. Bijoyita, Optometrist
Rotary Techno Netralaya
Kolkata, West Bengal
Audio Language - Bengali

"We are truly grateful to Apna Ghar by Intans Foundation for helping our needy cancer patient for accommodation, food and transport. It's really helpful by the needy patient for six weeks of radiation therapy. Thank you once again for Apna Ghar."

- Dr. Sandeep



Dr. Sandeep Mazumdar,
Oncologist. Apollo Hospital,
Bhubaneswar, Odisha
Audio Language - English

"it was really good to see how, through this initiative, there is a genuine effort to stand by people who are going through a difficult phase and provide them with the support they need. My very best wishes to Intas Foundation and the entire Apna Ghar family. I hope that health and happiness continue to flourish here, and that everyone goes on to lead a happy and fulfilling life. "

- Ms. Manjula



Ms. Manjula Sularia, Director
Prasanchetas NGO
Chandigarh
Audio Language - Hindi



Hemophilia Patient Assistance Program



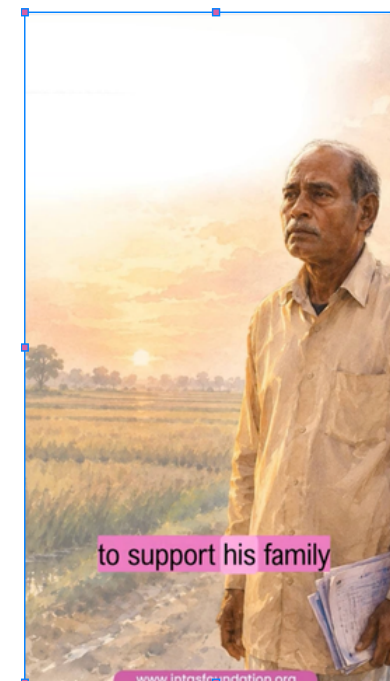
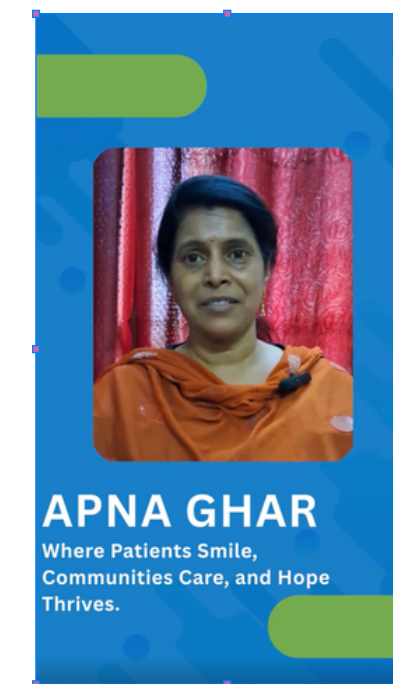
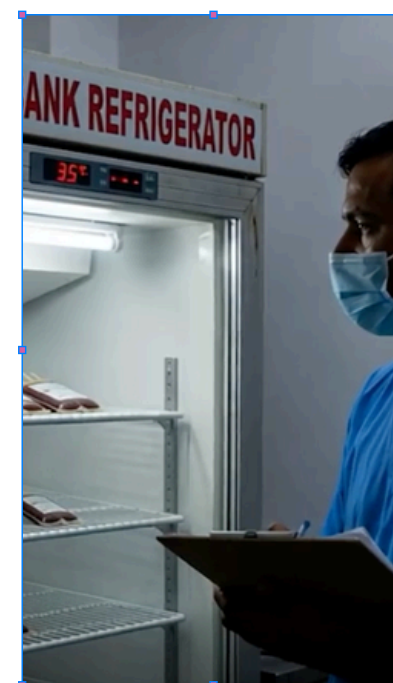
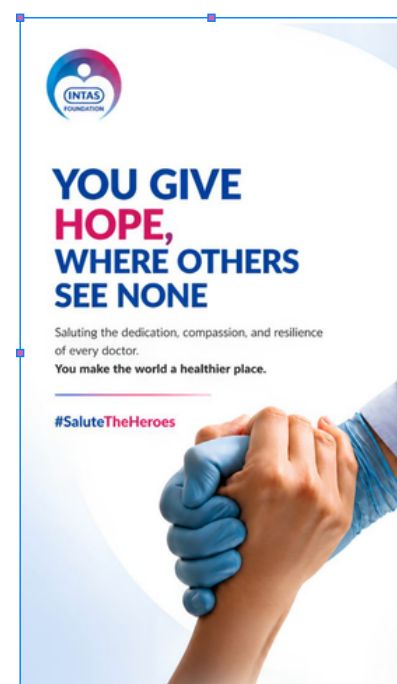
Testimonials

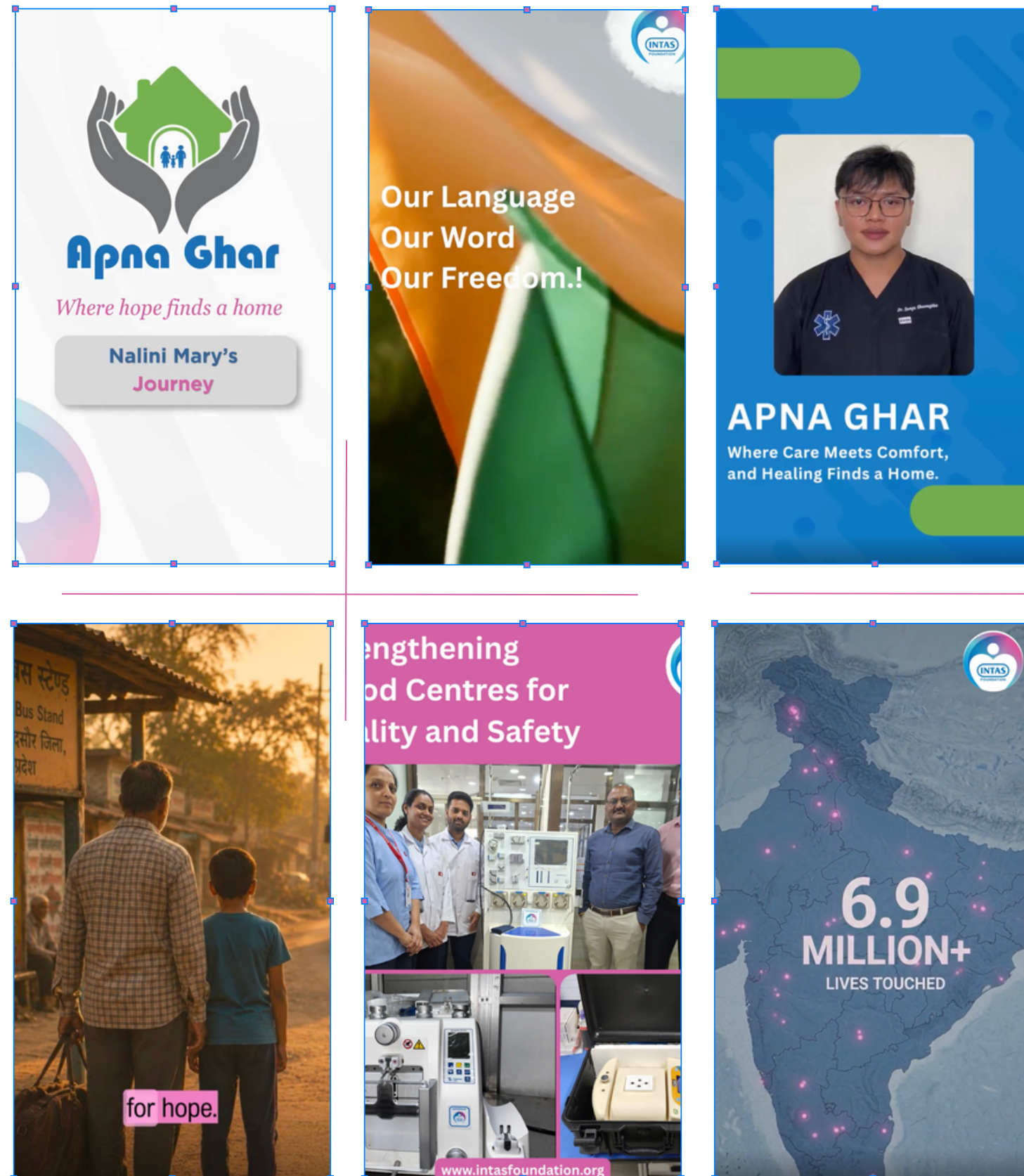
“ Intas Foundation continuously provides such support, it will be very useful for chemotherapy patients. It can make a real difference in helping them continue their exercises and physiotherapy during their treatment.”

- Dr. Anbarasi (PT)



Dr. Anbarasi (PT)
Anbu Physio Clinic
Dindigul, Tamil Nadu
Audio Language - Tamil







Thank You

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