

Stories of Hope



Intas Foundation as part of its commitment to giving back to the society, extended its activities nationwide for the welfare and wellbeing of various communities and institutions. This document provides a brief collection of diverse impact stories and testimonials.



About Intas Foundation

Vol. 1
2026

Intas Foundation is the social responsibility arm of Intas Pharmaceuticals, dedicated to advancing inclusive growth and sustainable well-being. Aligned with the Global Sustainable Development Goals, the Foundation undertakes impact-driven initiatives in healthcare, socio-economic empowerment, and community development. Through strategic collaborations and field-based programs, it strives to improve quality of life for underserved populations, guided by the core values of Compassion, Operational Excellence, Passion, and Equity.

Our Values

C
Compassion for All

O
Operational Excellence

P
Passion for the Cause

E
Equity in Program Delivery



For more details, visit us at www.intasfoundation.org.

Mission

To create sustainable and affordable opportunities in the field of health, education and socio-economic development through quality infrastructure, services and evidence-based interventions.

Objective

To provide and improve the access of quality infrastructure and services for the needy population.

About IF

Impact Stories

Testimonials

Social Media

Mr. Maksood Khan, a resident of Bhanpura in Mandsaur district, Madhya Pradesh, faced a challenging period when his son was diagnosed with cancer. After learning that treatment was available in Ahmedabad, he immediately travelled there to ensure his son received the necessary medical care. His son's treatment was initiated at Ahmedabad Civil Hospital under the Ayushman Card scheme, where a biopsy was completed within four days, followed by surgery on 5 January.

Following the surgery, the family was informed that regular follow-up visits would be required. During one of these visits, he was introduced to Apna Ghar Foundation through a hospital staff member. After contacting the Foundation, he was guided to the facility and provided accommodation for himself and his family members.

Arriving in an unfamiliar city nearly 700 kilometres from home, he was deeply concerned about where his family would stay and how they would manage during the course of treatment. These concerns were quickly alleviated when the Foundation welcomed the family and arranged their stay. Given the medical situation and the need for multiple family members to remain together, the Foundation extended support without hesitation.

Over the next one and a half months, the family experienced continuous care and assistance from the Foundation's staff. Beyond providing accommodation, the team ensured that patients and caregivers were comfortable and well supported. He particularly appreciated the staff's responsiveness, recalling an incident when a late-night water supply issue was resolved immediately, ensuring that residents faced no disruption.

Reflecting on his experience, he shared, ***"I never felt that I was staying away from home. In fact, I received more facilities here than I have at my own home."*** This sentiment captures the profound sense of comfort and belonging that Apna Ghar Foundation provided during one of the most difficult periods of his family's life.

As his son's follow-up treatment concluded and it was time to return home, he described his departure as an emotional moment, saying it felt as though he was leaving his own family behind. Deeply grateful for the support received, he expressed appreciation for the Foundation and its staff, acknowledging the significant role they played in helping his family navigate a challenging journey with dignity, comfort, and hope.



Mr. Maksud Khan, Caregiver
Mandsaur, Madhya Pradesh
Audio Language - Hindi

For Savithri and Muttappa, parents of two-year-old Kalpith, life changed dramatically when their son was diagnosed with Juvenile Myelomonocytic Leukemia (JMML). Their journey became even more challenging when Kalpith required a Bone Marrow Transplant (BMT) at Kidwai Hospital, Bengaluru. While Muttappa was fortunately identified as a matching donor for his son, the family soon found themselves battling not only a life-threatening illness but also overwhelming emotional and financial hardship. Despite exhausting ₹20 lakh of ESI-covered treatment and accumulating significant debt, they remained determined to give Kalpith every chance to recover.

The period following the transplant brought new concerns. Kalpith needed to remain in a clean, infection-free environment for 90 days, and his parents constantly worried about his nutrition, safety, and ongoing care. Having lost his job while caring for his son, Muttappa struggled with feelings of helplessness and uncertainty about the future.

At this critical stage, Apna Ghar became more than just a place to stay—it became a source of stability and reassurance. The family was provided with a clean, hygienic, and supportive environment where Kalpith could recover safely. Counseling support helped Muttappa express the emotional burden he had been carrying and regain a sense of dignity and strength. In addition, a specialized nutrition session conducted by an experienced pediatric oncology nutrition expert addressed the family's concerns regarding Kalpith's diet and post-transplant care.

The impact was transformative. The family's fear gradually gave way to confidence as they gained clarity about Kalpith's recovery needs and felt secure in an environment designed to protect vulnerable children. The financial burden also eased, allowing Muttappa to return to his hometown to work and support his family while knowing they were safe and cared for.

Today, more than 90 days after the transplant, Kalpith continues his follow-up treatment with hope and determination. Reflecting on their experience, the family shared:

"We were worried about infections and did not know how we would manage during treatment. At Apna Ghar, we received a hygienic room, transportation support for hospital visits, and guidance through the nutrition sessions. Our doubts were cleared, and now our entire family feels relieved knowing we are in a safe place. We are grateful for the cleanliness, care, and support provided by the staff."

Kalpith's story demonstrates how timely support, a safe recovery environment, and compassionate care can help families move beyond crisis and focus on what matters most—the healing and well-being of their child.



Ms. Sridevi and Ms. Savithri,
Caregiver
Koppal, Karnataka
Audio Language - Kannada

For Joyanal Abedin, a 58-year-old farmer from Birbhum district, life revolved around working in the fields and providing for his family. However, a diagnosis of Gallbladder Cancer brought an abrupt halt to both his livelihood and sense of security. As his health deteriorated, he was no longer able to work, cutting off the family's primary source of income and pushing them into severe financial distress.

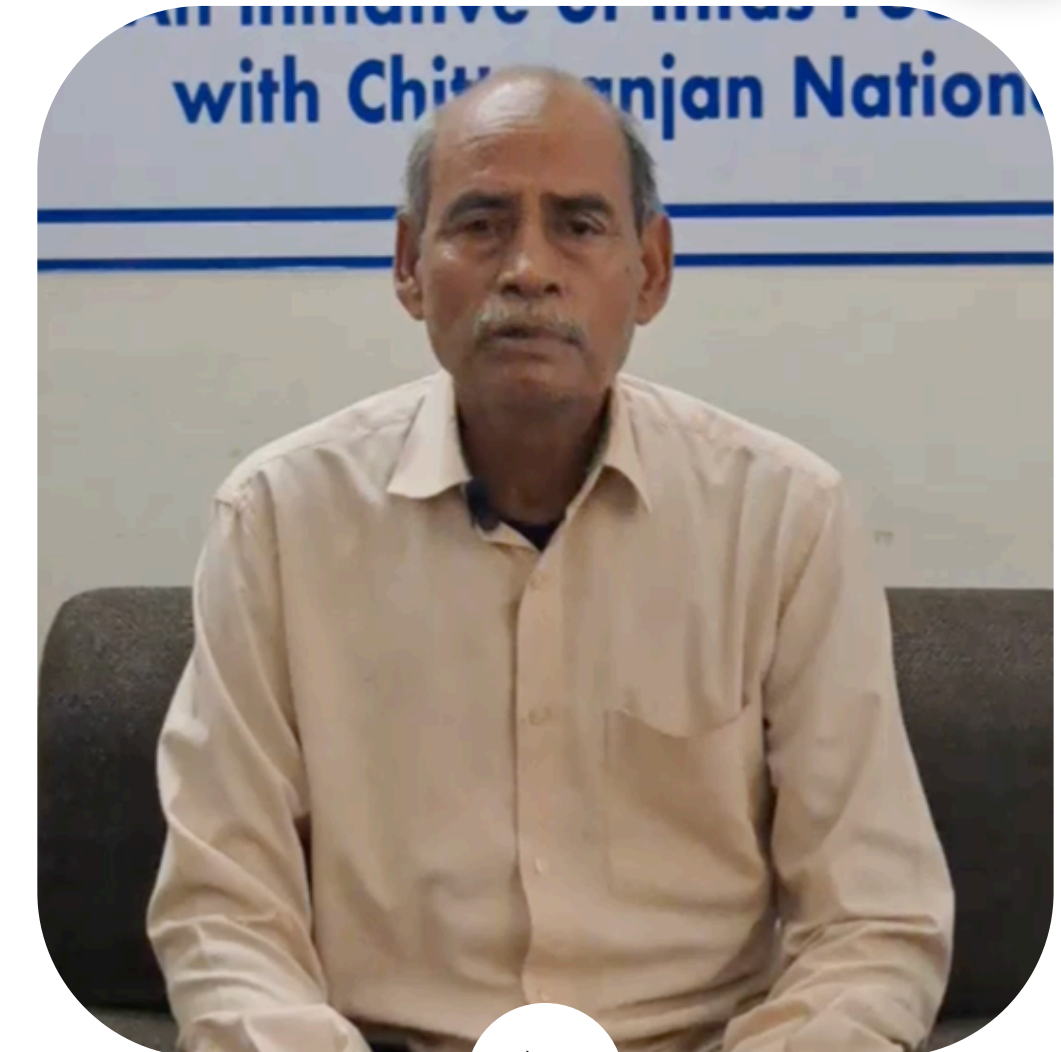
Determined to fight the disease, Joyanal initially began treatment in Mumbai. The cost of treatment was overwhelming, forcing him to make heartbreaking sacrifices, including selling his agricultural land. Despite exhausting his most valuable asset, the family continued to struggle with the rising expenses of treatment, accommodation, food, medicines, and transportation.

Later, Joyanal shifted to Chittaranjan National Cancer Institute (CNCI), Kolkata, for continued treatment. Even then, the financial burden remained relentless. The family lived in a rented room without food facilities and spent a significant amount each day travelling to and from the hospital. There were times when the situation became so desperate that basic necessities were beyond reach. During a period of LPG scarcity, Joyanal and his wife were left without access to food for two days, highlighting the harsh realities faced by many economically vulnerable cancer patients.

A turning point came when another patient introduced Joyanal to Apna Ghar. The support provided through Apna Ghar immediately eased the family's burden. Free accommodation, nutritious meals, and transportation support enabled them to continue treatment without the constant anxiety of managing daily expenses. For the first time in months, the family could focus on recovery rather than survival.

Beyond reducing financial stress, the supportive environment of Apna Ghar restored a sense of dignity and hope. The assurance of having a safe place to stay, regular meals, and reliable access to treatment allowed Joyanal to continue his cancer journey with greater confidence and peace of mind.

Today, Joyanal's condition is stable, and he is able to carry out his daily activities. His journey highlights how timely support can make the difference between interrupted care and continued treatment. By removing barriers related to accommodation, nutrition, and transportation, Apna Ghar helped transform a period of uncertainty into one of resilience, enabling Joyanal and his family to move forward with renewed hope.



Mr. Joyanal Abedin, Patient
Birbhum, West Bengal
Audio Language - Bengali

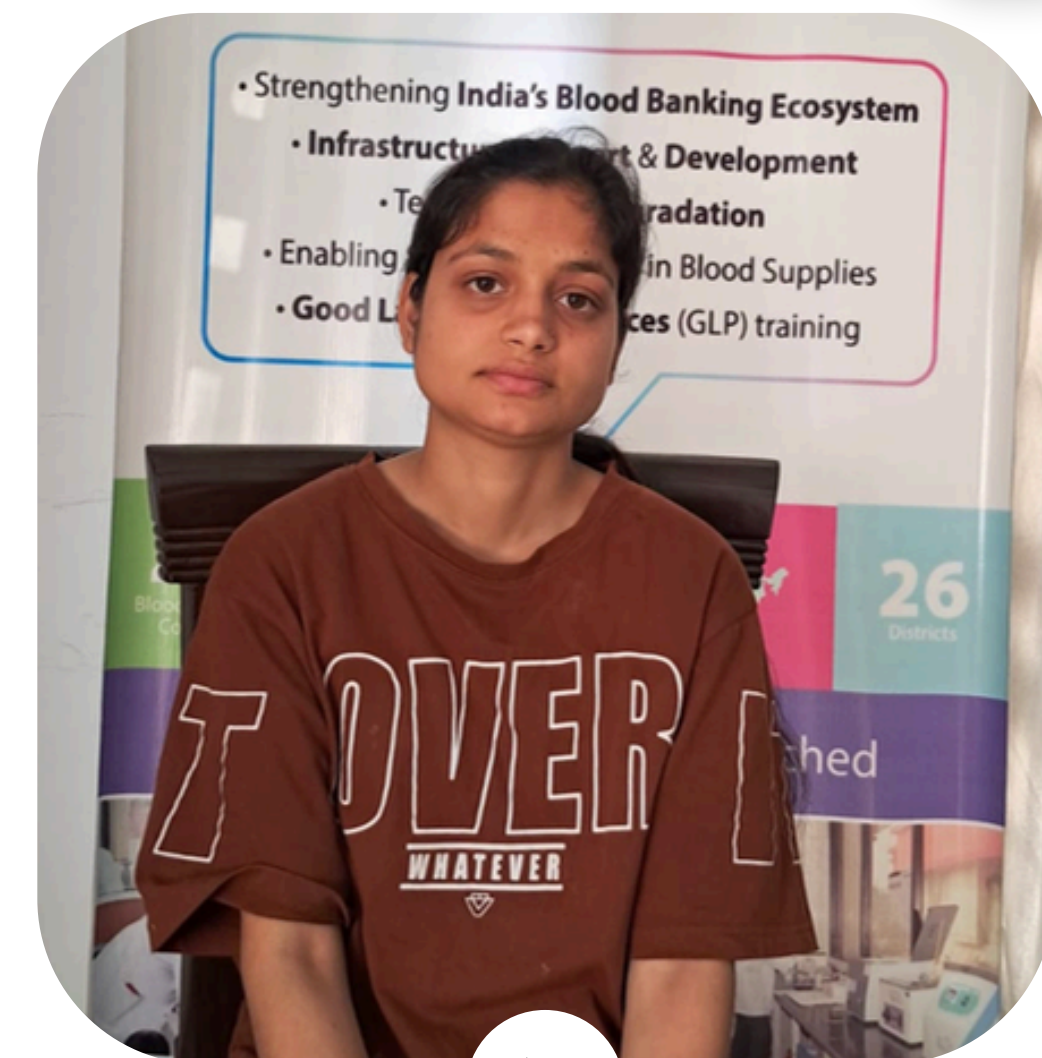
When 62-year-old Sudama from Mandi, Himachal Pradesh, was diagnosed with oral cancer in 2023, his family was thrust into an emotionally and financially challenging journey. Frequent travel to PGIMER, Chandigarh, for treatment and follow-up consultations became a necessity, placing a significant burden on the family. For his daughter and primary caregiver, Shabbu, the responsibility of supporting her father through this difficult phase came with its own set of fears and uncertainties.

Away from home and in an unfamiliar city, the family initially struggled to find suitable accommodation. Temporary shelters they relied upon were often unhygienic and uncomfortable, adding further stress to an already difficult situation. As a young woman travelling alone with her ailing father, Shabbu was hesitant to trust offers of free support, fearing they might not be genuine. However, their perspective changed when they were introduced to Apna Ghar.

What began as a place to stay soon became a source of comfort, security, and hope. Apna Ghar provided the family with a safe and dignified environment close to the hospital, allowing Shabbu to focus entirely on her father's care without worrying about accommodation or daily necessities. The availability of food, transportation, counselling support, and a clean living environment eased many of the challenges associated with long-term treatment.

Beyond the practical support, the sense of community at Apna Ghar had a profound impact on the family. Interacting with other patients and caregivers facing similar struggles helped Sudama remain positive throughout his treatment journey. The encouragement and shared experiences offered reassurance that they were not facing this battle alone.

Today, with his radiotherapy sessions completed and regular follow-ups underway, Sudama continues his recovery journey with renewed confidence. For the family, Apna Ghar was much more than a transit facility, it was a support system that restored their sense of security and dignity during one of the most challenging chapters of their lives.



Ms. Shabbu, Caregiver
Mandi, Himachal Pradesh
Audio Language - Hindi

A breast cancer diagnosis can change life in an instant. For 60-year-old Pushpalatha, a hardworking woman who managed both her household and her own business, the news brought overwhelming emotional distress. Questions about the future, fear of treatment, and uncertainty about the road ahead left her struggling to cope with the reality of her diagnosis.

The situation became even more difficult when her sister, who had been accompanying her, had to leave the hospital. Suddenly facing treatment alone, Pushpalatha found herself battling feelings of isolation and anxiety. The unfamiliar clinical procedures and the absence of immediate family support intensified her fears, making it difficult for her to focus on recovery.

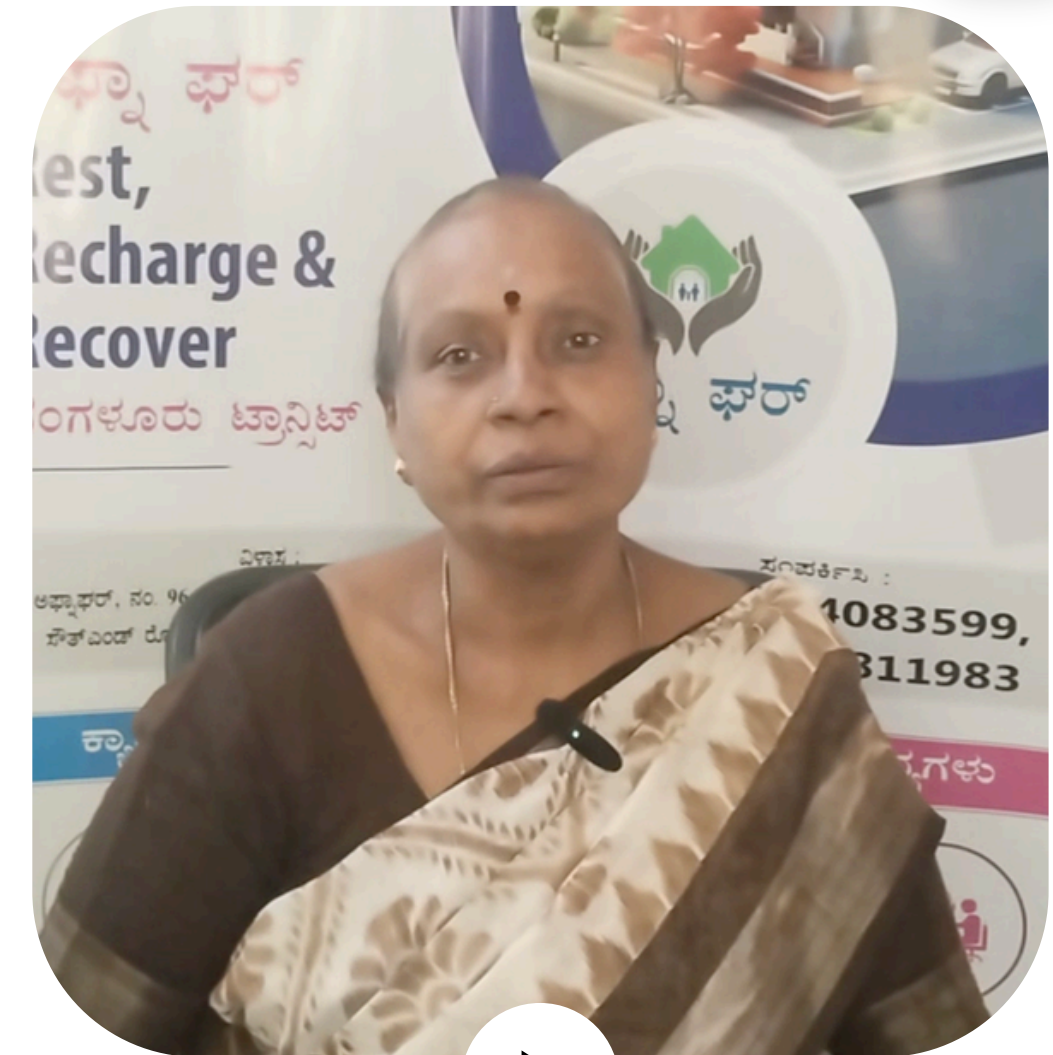
Recognizing her emotional vulnerability, the counselling team at Apna Ghar stepped in to provide structured psychosocial support. Through empathetic listening, reassurance, and clear communication about her treatment process, the counsellor helped her understand what lay ahead and gradually replaced fear with confidence. Counseling sessions encouraged her to view treatment not as an overwhelming burden, but as a necessary step toward healing and recovery.

The supportive environment of Apna Ghar further strengthened this transformation. Surrounded by a caring community and a positive atmosphere, Pushpalatha began to regain her emotional balance.

The sense of safety, belonging, and dignity she experienced helped her move beyond fear and focus on recovery. Activities conducted at the Transit Home also contributed to her emotional well-being, creating moments of joy, engagement, and connection during a challenging phase of life.

Over time, the anxiety and uncertainty that once dominated her thoughts gave way to resilience and optimism. Instead of feeling alone and overwhelmed, Pushpalatha developed stronger coping mechanisms and regained a sense of control over her treatment journey.

Today, while continuing her treatment at Sri Shankara Hospital, Pushpalatha looks ahead with hope and determination. Her journey demonstrates the importance of psychosocial support alongside medical care and highlights how a compassionate environment can help patients find strength even in their most difficult moments. Supported by Apna Ghar and her healthcare team, she continues her path toward recovery with courage, dignity, and renewed confidence.



Ms. Pushpalatha, Patient
Chikkaballapur, Karnataka
Audio Language - Kannada

At just seven years old, Sohan Raj had already faced challenges far beyond his years. Diagnosed with Spindle Cell Neoplasm, he had undergone treatment across multiple cities and a major surgery that resulted in the amputation of three toes. When he arrived at Kamla Nehru Memorial Hospital, Prayagraj, for radiotherapy, both he and his father were physically exhausted, emotionally drained, and uncertain about where they would stay during treatment.

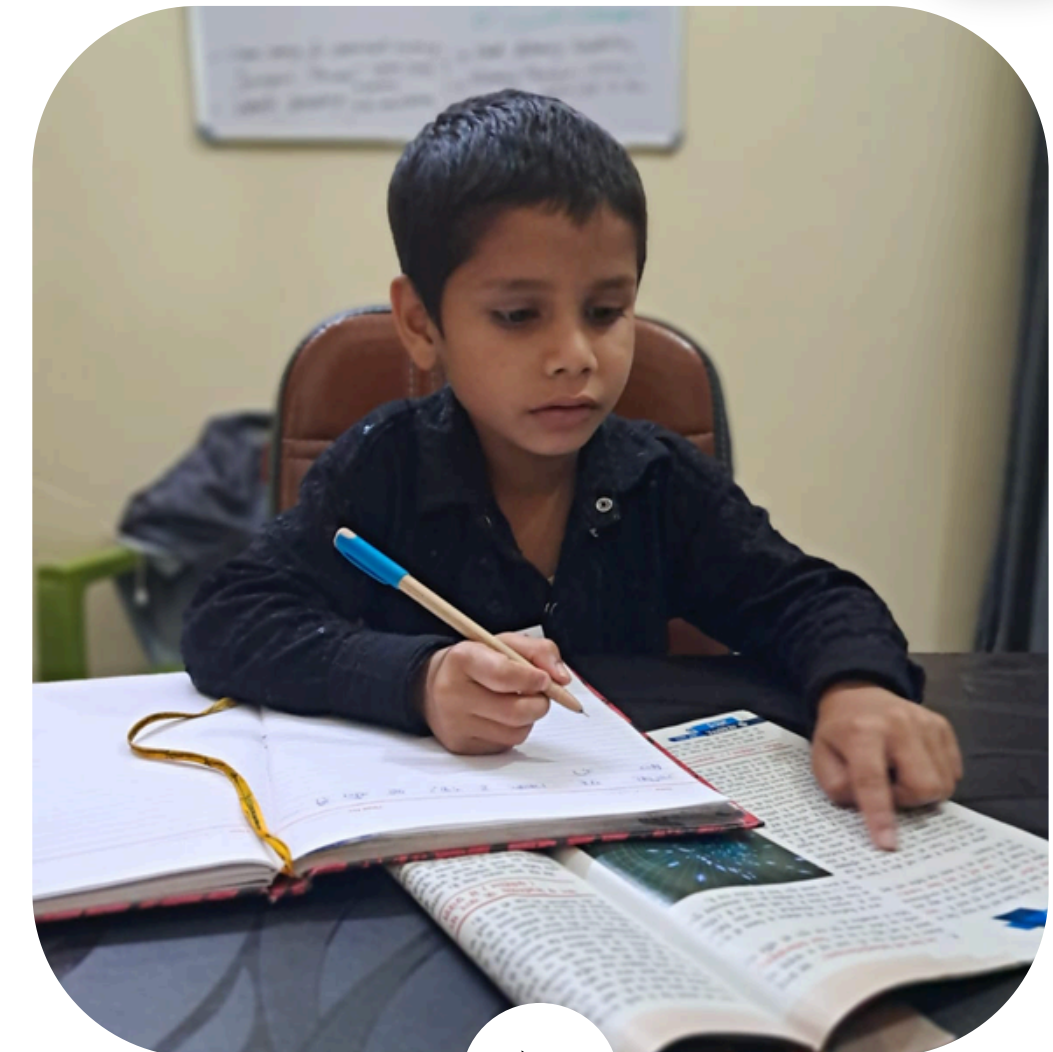
For families facing prolonged medical journeys, the burden often extends beyond treatment itself. Safe accommodation, daily meals, emotional support, and a sense of stability become equally important, especially for a young child. Through Apna Ghar, Sohan and his father found not only a place to stay but an environment where healing could extend beyond medical care.

During his stay, Sohan gradually began to reconnect with the joys of childhood. He actively participated in activities organized at the Transit Home, interacted with other residents, and built meaningful social connections. One of the most memorable experiences during his stay was participating in a Holi-themed activity where residents created organic colours together. The activity encouraged creativity, teamwork, and social interaction, giving Sohan a sense of accomplishment and boosting his confidence during treatment.

The nurturing environment and consistent encouragement from the Apna Ghar team had a visible impact on his emotional well-being. His father observed that Sohan became more cheerful, expressive, and optimistic. Instead of being defined by illness and treatment, he began to focus on possibilities, aspirations, and the future.

Today, Sohan's treatment has been completed successfully, and his health and mobility have improved. More importantly, he has regained confidence, emotional strength, and hope. His dream of one day joining the Indian Army reflects the resilience and determination that have emerged through his journey.

Sohan's story demonstrates that healing is not only about medical outcomes. When children are provided with safety, encouragement, opportunities to learn, and a supportive community, they can reclaim their childhood, rebuild their confidence, and begin to dream again. Through holistic care, Apna Ghar helped transform a difficult chapter in Sohan's life into a foundation for a brighter future.



Mast. Sohan, Patient
Banda, Uttar Pradesh
Audio Language - Hindi

For 71-year-old Sivarama Raju from Kadapa, living with Hemophilia A has been a lifelong challenge. Diagnosed in childhood, he grew up during a time when effective treatment options and clotting factor concentrates were not readily available. As a result, much of his life was marked by recurring pain, bleeding episodes, and the constant fear of complications associated with the condition.

Over the years, managing hemophilia required tremendous resilience. Simple injuries could lead to prolonged suffering, while joint pain and swelling often affected mobility and quality of life. Despite these challenges, Sivarama Raju continued to navigate daily life while coping with a rare and chronic bleeding disorder.

A significant turning point came through the Hemophilia Patient Assistance Program (H-PAP), implemented in collaboration with the Kadapa chapter. Through the program, he received access to Factor VIII support, enabling timely intervention during bleeding episodes and emergencies. Having access to clotting factor concentrates when needed helped reduce the severity of pain and provided greater confidence in managing his condition.

Beyond factor assistance, the program strengthened the support available to persons with hemophilia through medical consultations, awareness initiatives, physiotherapy support, and continued engagement with the local hemophilia community. This comprehensive approach ensured that beneficiaries not only received treatment support but also gained access to information and resources that improved long-term disease management.

Today, Sivarama Raju's pain and swelling are significantly more manageable than in previous years. The availability of treatment support has reduced the risk of severe complications and enabled him to maintain a better quality of life. What was once a condition associated with constant uncertainty has become far more manageable through timely access to care and support.

His journey reflects the profound impact that sustained treatment support can have on individuals living with lifelong chronic conditions. After decades of coping with hemophilia, access to modern treatment and assistance through H-PAP has helped transform his experience from one of persistent suffering to one of greater comfort, confidence, and dignity.



Mr. Sivarama Raju, Patient
Kadapa, Andhra Pradesh
Audio Language - Telugu

For Asem Subasini Devi, a mother from Imphal, the journey of caring for her son, Nongpoknganba Singh, who lives with Hemophilia A, has been filled with constant vigilance and uncertainty. While managing the condition requires regular access to clotting factor support, the family's greatest challenge arose during a critical period when factor concentrate was not available locally.

The situation became life-threatening when Nongpoknganba developed gastrointestinal (GI) bleeding, a serious complication that required urgent medical intervention. With limited treatment options available and no immediate access to the necessary clotting factor, the family found themselves facing uncertainty and fear. The treating doctors advised them to seek support through the Hemophilia Patient Assistance Program (H-PAP) implemented by Intas Foundation.

Responding promptly to the emergency, the H-PAP program facilitated access to the required factor assistance, ensuring that treatment could begin without delay. The timely intervention played a crucial role in stabilizing his condition and preventing potentially severe complications. At a moment when the family had exhausted available options, access to factor support became a vital lifeline.

Beyond addressing the immediate medical emergency, the support significantly reduced the emotional and financial burden on the family. The reassurance that assistance was available during a critical period helped them navigate the crisis with greater confidence and hope. Continued engagement with the H-PAP program has further strengthened their ability to manage the condition and respond effectively to future emergencies.

Today, Nongpoknganba does not exhibit any physical disability related to his condition and continues to live with improved stability. His journey highlights the importance of timely access to treatment for persons with hemophilia and demonstrates how emergency factor support can make a life-saving difference when every moment counts.

The experience also reflects the broader impact of H-PAP ensuring that families facing rare bleeding disorders are not left alone during medical crises and have access to the support needed to protect both health and dignity.



Ms. Asem Subasini Devi,
Caregiver
Imphal, Manipur
Audio Language - Meiteilon

"I was deeply impressed by the dedication and compassion shown by the entire team. The foundation is doing remarkable work by providing essential services such as food, accommodation, and transportation for cancer patients who come from different places for treatment."

-Dr. Naga Naveena



Dr. Naga Naveena,
District Tabacco Control Unit,
DHO, Madurai, Tamil Nadu
Audio Language - Tamil

"Apna Ghar is providing every comfort anyone would wish. It's unimaginable to believe but the way it is running the home is really commendable. No words are sufficient to express the satisfaction of inmates how they are feeling staying here. Excellent part is cooking and eating together, not knowing each other making bonds and giving strength to one another. A big salute to the founder and the employees, who are running the show without any hurdles. All the best to team of Apna Ghar. Wish few more branches to come in many places."

-Dr. Vanaja



Dr. Vanaja, Medical Officer,
Sparsh Hospice, Hyderabad,
Telangana
Audio Language - Telugu

"We feel very comfortable here. Everyone takes good care of us, and it never feels like we are staying away from home. Apna Ghar feels like our own home. We thank the entire team for their support and care."

– Ms. Muskan



Ms. Muskan, Caregiver
Khandwa, Madhya Pradesh
Audio Language – Hindi

"It is a very commendable approach to help underprivileged patients. I am very happy and want Intas Foundation to continue this commendable work so that thousands of patients can benefit from it. I hope the Foundation continues to go a thousand miles further in the future."

– Dr. Saikat



Dr. Saikat Sen, Oncologist
ABVRCC, Agartala, Tripura
Audio Language – English

"On the doctor's suggestion, we came to Apna Ghar, and it truly changed our experience. From the very first day, we felt a sense of belonging. The environment here is just like a family. Everyone is very supportive, especially the women, who treat each other with warmth and care like family members. The food and basic facilities are very good, fresh, and well-managed. Transportation to the hospital is also available, which made our routine much easier. We never felt like outsiders here."

– Ms. Archana



Ms. Archana, Caregiver
Sheopur, Madhya Pradesh
Audio Language – Hindi

"Apna Ghar is providing a very good support system, including accommodation and free food, so that patients can complete their treatment. It is very helpful to the patients and to us as well because it enables us to continue and complete the treatment. We are very thankful to Apna Ghar for their support. It is a very good cause that they are supporting."

– Dr. Phulkumari



Dr. Phulkumari Talukdar, Sr.
Oncologist, ACCF,
Silchar, Assam
Audio Language – English

"The Intas Foundation is doing an exceptional job by providing free factors to patients who need them most. I truly congratulate the Intas Foundation for this noble initiative. Additionally, Apna Ghar has been immensely helpful by providing accommodation and recreational activities for cancer patients. Once again, my heartiest congratulations to the Intas Foundation for this great initiative."

- Dr. Lakshmi



Dr M. Lakshmi Mythili,
Hematologist, Apollo Hospital
Visakhapatnam, Andhra Pradesh
Audio Language - Telugu

"They are doing very good work. The concept of providing free factors, especially on an emergency basis, is a very good initiative. The patients are very happy, and they have truly done remarkable work in the field of hemophilia. It is my good fortune that I got associated with Intas Foundation."

- Dr. Bharti



Dr. Bharti Sahni, Hematologist
Jharkhand Hematology and
Cancer Center, Ranchi,
Jharkhand
Audio Language - Hindi

"I have been associated with the Intas Foundation for many years and have attended most of its camps so far. This project has greatly benefited Persons with Hemophilia (PwH) in the state of Manipur. The free distribution of Factor VIII is of immense value, and I will always remain thankful to the Intas Foundation for its support."

– Mr. Ayekpam



Ayekpam Kunjo Singh
Vice President, Hemophilia
Society Imphal, Imphal ,Manipur
Audio Language - English



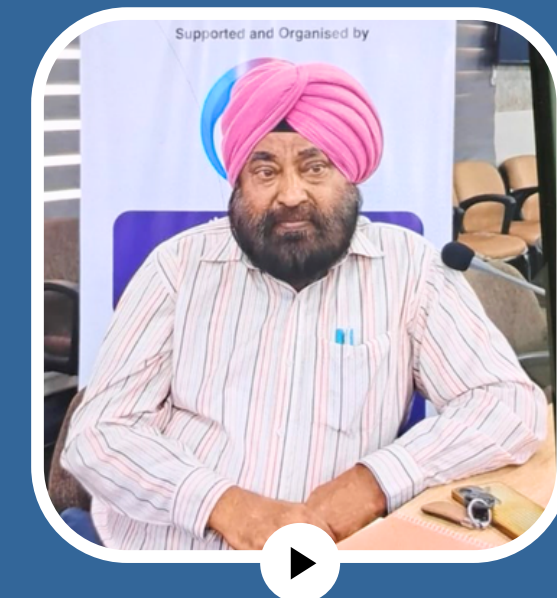
Mr. Sagar Choudhari, Patient
Nagpur, Maharashtra
Audio Language - Marathi

"I have participated in several camps organized by Intas Foundation in Nagpur. Through these camps, I received Factor VIII, self-infusion training, physiotherapy kits, and valuable information. I also received doctor consultations from the Intas Foundation team. A few days ago, I experienced bleeding and urgently needed factor. Unfortunately, it was not available anywhere in Nagpur. However, Intas Foundation provided me with 3000 IU as emergency support, which helped me recover quickly."

– Mr. Sagar

"I attended this camp for the first time. It is well organized, useful for haemophilia patients. Physiotherapist guidelines regarding what to do and what not to do were very beneficial for us. I wish, Intas Foundation to continue providing support as it will be very beneficial to the patients and the community."

– Mr. Balbir



Mr. Balbir, Patient
Ambala, Haryana
Audio Language – Punjabi





Social Media Engagement

Vol. 1
2026



About IF

Impact Stories

Testimonials

Social Media

Thank You

Scan. Connect. Engage.



Your Network of Care