

Stories of Hope (Vol.3)



Intas Foundation as part of its commitment to giving back to the society, extended its activities nationwide for the welfare and wellbeing of various communities and institutions. This document provides a brief collection of diverse impact stories and testimonials.

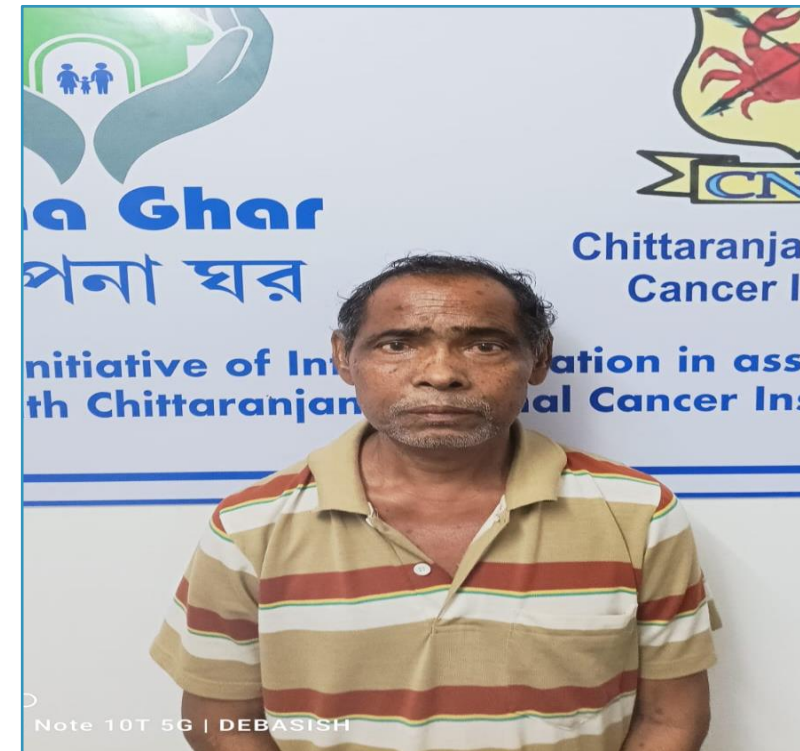
Impact Story

Shanu Das, 54, faced significant challenges due to his hearing impairment and inability to speak. His situation worsened when doctors found a cancerous tumor. Treatment in his hometown was both difficult and expensive, prompting him to move to Kolkata for better care. However, his disabilities made the daily travel of over 100 kilometers exhausting and costly, and finding affordable accommodation near the hospital was nearly impossible due to his poor economic condition.

Just when the burden seemed unbearable, Shanu learned about Apna Ghar through the hospital staff. Apna Ghar provided him with free accommodation, meals, and transportation, alleviating both his physical and financial strain. The caring staff and welcoming patient community at Apna Ghar offered essential support and a sense of belonging. This **newfound stability gave Shanu the strength and hope to continue his treatment**, significantly improving his well-being.

Kolkata-II Transit Home

Apna Ghar Project



Video hyperlink



Cancer Survivor's Story

Chhote Lal, a 52-year-old oral cancer patient, was in difficulty, facing financial constraints and mounting mental stress. He considered discontinuing treatment. While discussing with fellow patients at the hospital, he learned about the Apna Ghar. In distressed condition, he reached out to Jaipur Apna Ghar team for help.

The relief was immediate. Team provided needed comfort to Chhote Lal. The free accommodation, meals, and a supportive environment not only eased his financial burden but also gave him the mental strength to continue his treatment.

With this vital assistance, he endured the challenges. **Today, Chhote Lal is fully recovered and living with his family.** He credits Apna Ghar with giving him the support he needed during a critical times and is now **preparing to return to work in a few days.**

Jaipur-II Transit Home

Apna Ghar Project



Video hyperlink



Impact Story

Arifa, a 15-year-old fighting blood cancer and her single mother, Shabnam were at a breaking point. As a single mother with limited financial means, she struggled to cover even the basic travel expenses for treatment. The mounting pressure made it difficult to continue the treatment, and Arifa started missing doctor appointments.

Everything changed when a doctor referred them to the Rishikesh Transit Home. The support they received—free accommodation, meals, and transportation—was a lifeline. With this assistance, Shabnam could continue Arifa’s treatment. The stability provided by Apna Ghar **allowed them to resume treatment**, which had previously seemed impossible.

Shabnam says, *“I can now continue Arifa treatment and bring her here (Rishikesh Transit Home) for the rest of her treatment.”*

Rishikesh Transit Home

Apna Ghar Project



Cancer Survivor's Story

Tongbram Tombi Devi is from a remote village in the northeastern hills. Diagnosed with cervical cancer, the mountainous terrain and long distance travel for routine chemotherapy and radiation nearly impossible. With limited resources, the cost of treatment became overwhelming. Renting a place closer to the hospital was out question.

During one of her hospital visits, Tombi Devi was introduced to Apna Ghar by the hospital staff. This opportunity turned her situation around. Apna Ghar provided services eased her financial burden and struggle. The counseling and group activities at the center also offered her needed emotional support, something she deeply appreciated.

Now, Tombi Devi is able to **complete her treatment without the strain of commuting or financial stress.**

Imphal Transit Home

Apna Ghar Project



Video hyperlink



Cancer Survivor's Story

Aishwarya, 29, was in the midst of building her career when she was diagnosed with Hodgkin's lymphoma. The news turned her life upside down, leaving her family emotionally and financially strained as her parents took extended leave from work to support her. The weight of her diagnosis, coupled with the pressure on her family, deeply affected Aishwarya's emotional well-being.

It was during this challenging time her doctor introduced her to Apna Ghar, a place offering free care and counseling services. The support she received made a tremendous difference in her outlook. The counseling services helped her manage the emotional toll, while the comfortable environment eased the stress.

Aishwarya now remains optimistic about her recovery. With renewed confidence, **she believes the disease is vanishing** and look forward to brighter days ahead.

Nagpur Transit Home

Apna Ghar Project



Video hyperlink



Impact Story

Nupur Dey, from Hooghly, was diagnosed with breast cancer. The stigma surrounding her illness caused immense hardship. Neighbors avoided her, and even her daughter-in-law distanced herself, fearing for the safety of her grandchild. **Forced to live on the streets, Nupur endured severe isolation and family conflict.**

Her life took a positive turn when she found refuge at Apna Ghar while undergoing radiation therapy. She has completed 14 of 25 sessions. The transit home became a sanctuary of hope where the staff and fellow patients offered emotional support. The community there embraced her, easing the loneliness she had carried.

Nupur stated that the emotional support from Apna Ghar strengthened her resolve to continue treatment. Beyond shelter, meals, and transport, **Apna Ghar provided her with a sense of belonging and purpose** that renewed her hope and resilience during a difficult time.

Kolkata Transit Home

Apna Ghar Project



Video hyperlink



Impact Story

Mr. Siddique, a 62-year-old man from Thrissur district, was diagnosed with rectal cancer and faced immense challenges in continuing his treatment. With 80 km of travel by bus every day for radiation therapy, searching a place to stay and food with limited financials, he feared he would have to give up on his care.

His consulting doctor, seeing his struggle, referred him to Apna Ghar in Kochi. The free accommodation, nutritious meals, transportation, and emotional counseling lifted a tremendous weight off his shoulders.

Beyond the practical support, Mr. Siddique found comfort in the company of other patients and caregivers. The warm, homely environment helped him cope with the emotional strain of his illness, making his treatment journey far more manageable.

Kochi Transit Home

Apna Ghar Project



Video hyperlink



Caretaker's Testimonial

"I V. Lakshmi would like to express my heartfelt gratitude to everyone at Apna Ghar. The people here are emotionally and mentally connected with me.

The staff at Apna Ghar are excellent, with both patients and caretakers, making us feel truly at home. They provide the best food, maintain hygienic rooms, and offer a peaceful environment. They take special care of patients throughout the treatment process, ensuring well-being of patients at every step."

Patient's Caretaker, Hyderabad Transit Home

Apna Ghar Project



Video hyperlink



Caretaker's Testimonial

"I am Shailesh Joshi, son of Vashuben, a cancer patient from Amreli. Having lost my father to cancer just three months ago, it has been an incredibly difficult time for our family. Now, my mother is battling oral cancer, and we came to 'Apna Ghar' in Rajkot for her radiation treatment.

Though I was initially anxious, Apna Ghar quickly became a place of comfort for us. The well-maintained facilities, nutritious meals, and compassionate staff made all the difference. The nurturing environment and counselling care have given us the courage to get through this tough journey. I am deeply thankful to 'Apna Ghar.'"

Patient and Caretaker, Rajkot Transit Home

Apna Ghar Project



Video hyperlink



Patient's Testimonial

"I was provided with free accommodation, which eased the financial strain that often comes with long-term treatment. The nutritious meals gave me the strength to endure the treatment protocols.

The transportation services to and from the hospital allowed me to focus solely on my recovery, without the added stress of logistical concerns.

The environment at Apna Ghar played a significant role in my healing process. Being among other patients who were going through similar experiences created a sense of community and support. The compassionate care and dedication of the Apna Ghar staff made sure I never felt alone in my fight against cancer."

Patient, Mumbai Transit Home

Apna Ghar Project



Video hyperlink



Patient's Testimonial

"I, Ram Shivhare, rented a room for a day and paid 500 rupees in advance. Then, we met some people at hospital who told us about the excellent services at 'Apna Ghar.'

When we arrived, it felt like a miracle from God. We've been here for almost two months, and everything has been wonderful. Everyone is very kind. Staying here is very comfortable, and the food is great. We receive everything we needed; even a vehicle is provided for transport to the hospital.

*They even provided milk. **I pray to God that such people are blessed with prosperity in their lives.***

Patient, Gwalior Transit Home

Apna Ghar Project



Video hyperlink



Caretaker's Testimonial

"My name is Samanta Pradhan. I am here with my aunt (Mondadori Pradhan) undergoing cancer treatment at the hospital. During the initial treatment period, we stayed at the Dharamsala but faced several issues there.

*One day, we learned about Apna Ghar from other patients and decided to come here. **We found everything at Apna Ghar is excellent—food, travel, and accommodation.** The premises are clean, and the staff is very helpful. We feel very happy and comfortable staying here."*

Patient & Caregiver, Cuttack Transit Home

Apna Ghar Project



Video hyperlink



Caretaker's Testimonial

“My name is Sonia, and I am from the Sikar district. My mother was diagnosed with oral cancer, and we traveled to Jaipur for her treatment. Upon our arrival, we stayed at multiple places and faced numerous challenges including issues with cleanliness, nutritious food, accommodation, and our financial situation deteriorated rapidly.

*Fortunately, a doctor informed us about this facility. When we arrived, it exceeded all my expectations with its rooms, free meals, counseling services, and more. Living here felt like being part of a big family, and I never felt the absence of my own family. **I am immensely grateful to the Intas Foundation for this support.**”*

Patient & Caregiver Jaipur-II Transit Home

Apna Ghar Project



Video hyperlink



Impact Story

Kishan, a 25-year-old from Dhoraji city, grew up with the challenges of hemophilia. His farming family, came to know of his condition when Kishan suffered uncontrollable bleeding after a fall at the age of three. Diagnosed with hemophilia, Kishan has endured years of pain, including joint swelling and internal bleeding in his ankles.

The swelling in his shoulder joints limits his ability to move his arms. Despite these hardships, Kishan's determination to live a normal life has been bolstered by the support he has received.

Intas Foundation arranged vials of Factor VIII and physiotherapy training, which are crucial in managing his condition. Coupled with regular exercises, Kishan now feels more confident in handling his daily life. **"The support has truly made a difference,"** he says, expressing his gratitude for the Foundation's assistance.

Hemophilia Patient, Junagadh

H-PAP Project



Video hyperlink



Impact Story

S. Harish, a 9-year-old boy from Thiruvannamalai, living with Factor VIII deficiency. His condition was discovered in 2016 after a head injury. For his family, the diagnosis was a heartbreaking revelation. Harish's father, a daily wage worker and farmer, struggled to cover the mounting medical expenses. The 100-kilometer journey to Pondicherry for treatment, was an added burden.

Harish is receiving comprehensive support under H-PAP for past two years, including Factor support, physiotherapy kit, self-infusion training, and essential diagnostic services. This lifeline of continuous care has allowed Harish to not only manage his condition but also attend school regularly.

His mother expressing gratitude said “***Without the help of Intas Foundation, we could never have afforded this care. Harish now has the chance to live a normal life, and for that, we are deeply thankful.***”

Hemophilia Patient, Thiruvannamalai

H-PAP Project



Video hyperlink



Impact Story

Bharatbhai Pandya, living with Factor VIII deficiency, has faced a life filled with hardships. His disability, compounded by constant delays in receiving the necessary Factors. To make matters worse, after 16 years of marriage, his wife left him, taking their two daughters with her. Despite these emotional and physical challenges, Bharat retained unflagging spirit. He dedicated himself to helping others in his district to ensure no one else faces their journey alone.

His turning point came when he attended his first Hemophilia Camp in Junagadh, an experience that changed his outlook. “For the first time in my life,” he shares, “**I gained valuable knowledge about physiotherapy exercises and learned how to self-infuse.** I am deeply grateful to Intas Foundation for its commitment to social responsibility and its support.”

Hemophilia Patient, Junagadh

H-PAP Project



Video hyperlink



Impact Story

Syed Awaiz Ahmed, a 24-year-old from Bangalore, has faced many challenges due to hemophilia. His condition, often unpredictable and severe, managing daily life was difficult. Syed first learned about a Hemophilia Camp under H-PAP through his doctor.

The support from Intas Foundation, particularly the Factor VIII for emergencies, has had a profound impact on Syed's life. He recalls a distressing moment when he experienced bleeding during an important exam. The factor provided by Intas was instrumental in managing the crisis, allowing him to complete his exam.

Syed expressing his gratitude said “the Factor VIII from Intas has been a lifeline during critical moments. Thanks to their support, I am able to continue my education and live a healthier and normal life.”

Hemophilia Patient, Bangalore

H-PAP Project



Video hyperlink



Doctor's Testimonial

"I'm Dr. Anbu Rajan, Secretary of the Hemophilia Society, Tirunelveli Chapter. We are deeply grateful to Intas Foundation for their continued support. We have previously received Factor VIII, Factor IX, and inhibitor screening tests support.

*Today, they conducted a physiotherapy camp, and distributed kits to 55 patients from Thoothukudi and Tenkasi districts. **This support greatly benefits patients, especially those traveling long distances, and helps students attend classes without interruption.** We appreciate Intas Foundation's efforts. Thank you, Intas Foundation, for your invaluable support."*

Dr. Anbu Rajan
Doctor and Secretary of Tirunelveli Chapter, Madurai

H-PAP Project



Video hyperlink



Patient's Testimonial

"My name is Raviprasad Golla, and I have Hemophilia Type A. Up until, I was not well-informed about many aspects of my condition, but this camp has provided me with valuable insights.

I now understand how hemophilia affects the body and how to manage it. Additionally, I have learned about the precautions necessary for hemophilia patients. I am very grateful to Intas Foundation and the Hemophilia Pune Chapter for organizing this camp."

Hemophilia Patient, Pune

H-PAP Project



Video hyperlink



Doctor's Testimonial

“In the Pondicherry Hemophilia Chapter, about 300 patients with Factor VIII and IX deficiencies receive treatment through our society. For over three years, Intas Foundation has been vital in organizing awareness camps, providing factors for home therapy, and supporting physiotherapy and self-infusion training.

Patients are very satisfied with the support, which helps them manage minimal bleeds at home and prevents deformities and joint issues. We are deeply grateful to Intas Foundation for their invaluable assistance.”

Padma Shri.Dr. Nalini Parthasarathy
Retd. Medical Director JIPMER

H-PAP Project



Video hyperlink



Doctor's Testimony

"I highly express my warm gratitude for the support of INTAS Foundation. The timely help of INTAS Foundation like inhibitor screening test, Factor assistance, Physiotherapy camp and Kit distribution have helped our patients in a wonderful way. Now our hemophilia patients are very happy because of this great Factor VIII distribution camp by INTAS Foundation."

Dr. S. K. Mittal, President of the Mysore Hemophilia society, Mysore

H-PAP Project



Video hyperlink



Stakeholder's Testimony

"Intas Foundation is doing excellent work for hemophilia patients. They offer self-infusion training, allowing patients to administer Factor at home, as well as physiotherapy and lab test facilities.

The most commendable aspect is their provision of emergency Factor availability to store at home. This support from the Intas Foundation is truly remarkable."

**Ms. Arti Narwariya,
Incharge in District Hospital, Self-Infusion trainer,
Gwalior**

H-PAP Project



Video hyperlink



Caretaker's Testimonial

“My child, is a Factor VIII deficient patient, we attended a hemophilia camp organized by Intas Foundation in Hanumangarh. The program provided us with Factors for home use in emergencies, which has been very beneficial. Additionally, the free inhibitor testing facility was an excellent service for us. Now we will be able to self manage.”

Hemophilia Patient and Caregiver, Jaipur

H-PAP Project



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Social Media Engagement



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Social Media Posts

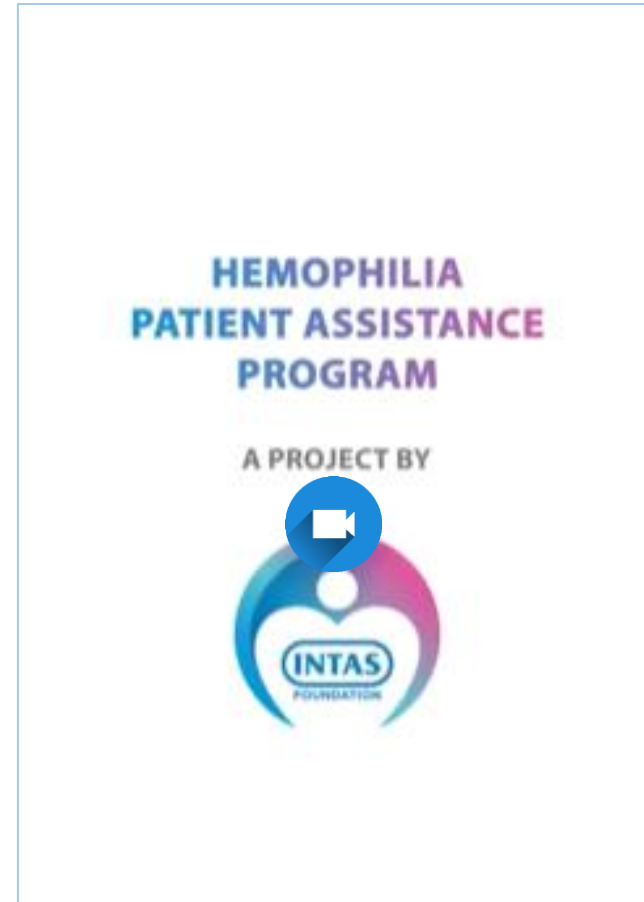


Post Caption:

People with haemophilia might appear healthy on the outside, but they still require proper care. Our Haemophilia Patient Assistance Program (H-PAP) provides the accessibility and confidence needed for effective emergency management.

Through vital support services such as factor assistance, self-infusion training, physiotherapy, doctor's consultation, diagnostic support, and genetic counselling, we are significantly enhancing the well-being of haemophilia patients.

Click image for hyperlink



Social Media Posts



Click image for hyperlink

Post Caption:

At Apna Ghar we are dedicated to foster an environment where patients experience continuous care and support throughout their treatment journey.

Our comprehensive approach addresses every facet of our patients' well-being. We offer comfortable homely rooms and a community kitchen for preparing nutritious food. Convenient transportation services available to make hospital visits easier.

Our skilled counselors provide regular support to cancer patients to feel good and secure. Through a range of activities we create a nurturing and empathetic community.



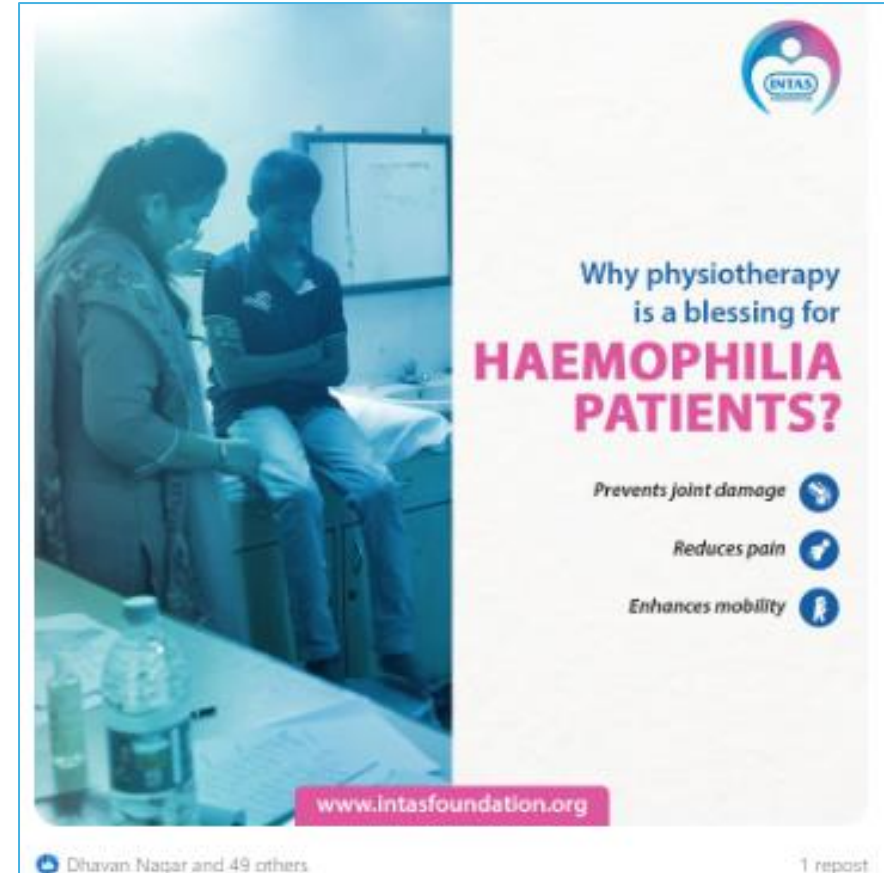
Social Media Posts



Post Caption:

For Haemophilia patients, physiotherapy is not just about exercise, it's a lifeline. Regular physiotherapy helps lead a better life with higher mobility and less joint damage.

The H-PAP program provides physiotherapy training to hemophilia patients and educates them to adopt the regime into their lives.



Social Media Posts



Post Caption:

When we hear the word counseling, we assume a clinical and systematic process. Our counselors take a different approach.

They support patients not just as counselors, but as friends, guiding them through the tough journey.



Social Media Posts



Post Caption:

People with haemophilia (PwH) require not only specialized care but also comprehensive management of their condition in day-to-day life.

Through the Haemophilia-Patient Assistance Program (H-PAP), Intas Foundation aims to enhance treatment outcomes by providing Factor assistance, Self-infusion training, Physiotherapy, Diagnostic support, Genetic counselling, and Doctor consultations.

We are dedicated to creating a lasting impact on the lives of haemophilia patients with needed care and management guidance.



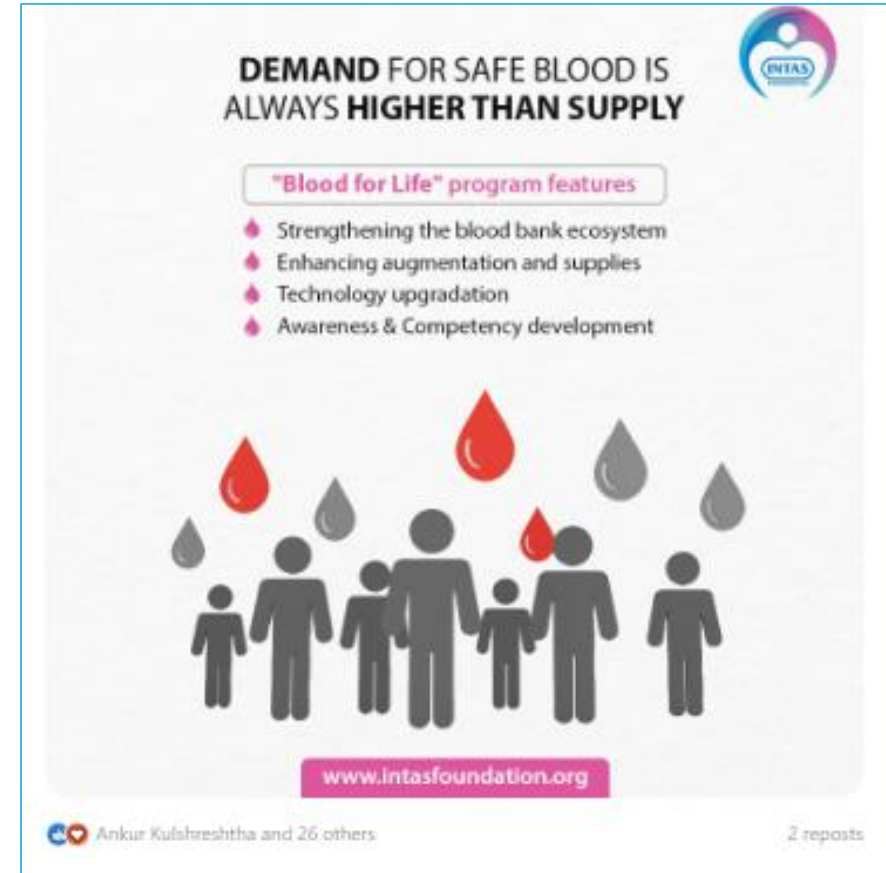
Social Media Posts



Post Caption:

Blood banks play a vital role in healthcare. Demand for quality blood components far exceeds supplies.

The Blood for Life Program aims to reinforce the blood bank ecosystem by strengthening and improving blood services.



Social Media Posts



Post Caption:

As we celebrate the spirit of freedom and unity this Independence Day, we at Intas Foundation reaffirm our commitment to empowering lives through compassion & care.

Let's honor our freedom by making a Compassionate & Caring Society.



Social Media Posts



Post Caption:

Healing in cancer care involves a holistic approach that compliments treatment to improve patient outcomes and quality of life.

Our activities for cancer patients offer vital support for their mental, emotional, and physical well-being.



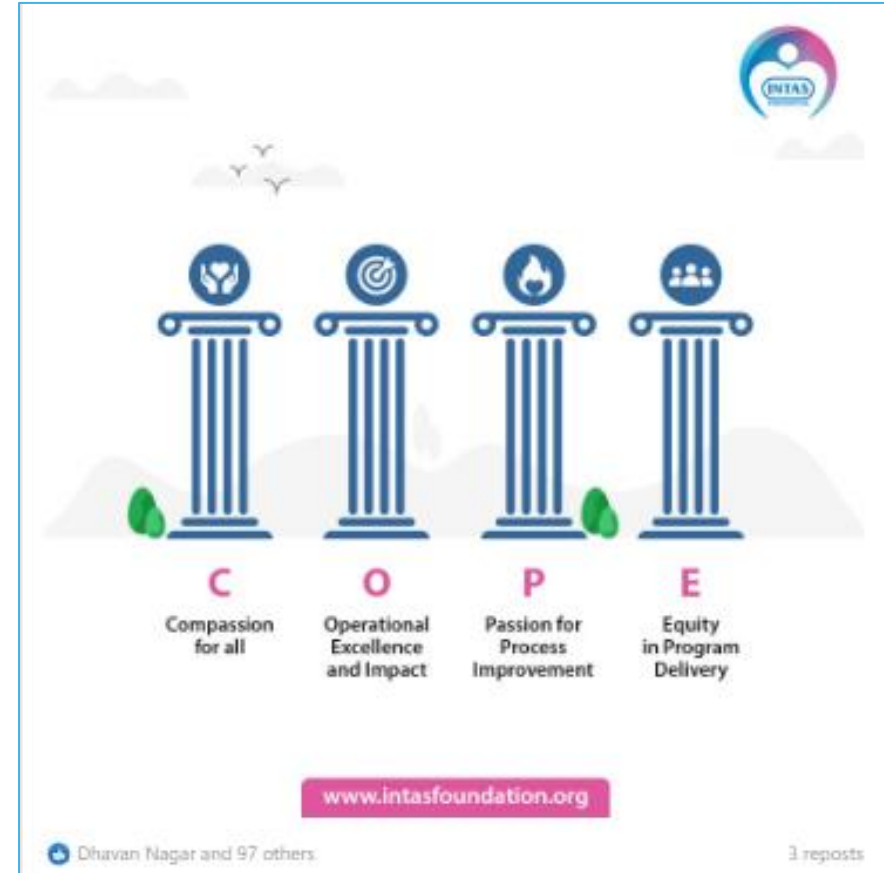
Social Media Posts



Post Caption:

Our core values make sure we always stay committed to serve the needy and deserving. COPE is the foundation of our unwavering resolve towards the cause.

C-compassion for all
O-operational Excellence and Impact
P-passion for process Improvement
E-equity in program delivery



Social Media Posts



Post Caption:

At Intas Foundation, we're dedicated to creating sustainable and affordable opportunities in healthcare and socio-economic development.

Through quality infrastructure, services, and evidence-based interventions, we're making a lasting impact in communities across India. Join us in our journey to improve lives and build a brighter tomorrow.



Social Media Posts



Post Caption:

Our approach encompasses undertaking projects with proven concepts aimed at achieving the desired impact. Through this approach, our dedicated teams, equipped with the necessary expertise, knowledge, and skills, work on various projects to foster positive change





Thank you !
