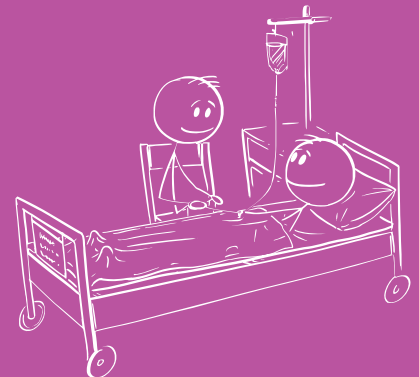
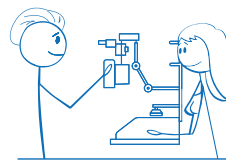
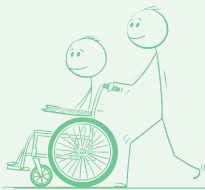
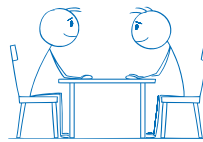
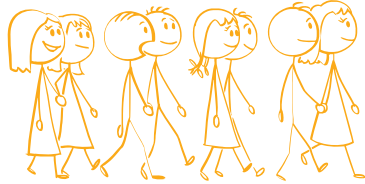
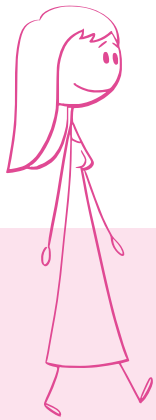
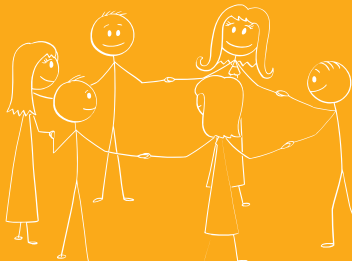


ANNUAL ACTIVITY REPORT



2023-24



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From The Chairman's Desk



It gives me immense pride to present the Intas Foundation Annual Activity Report for FY 2023-24. This year has been a testament to our enduring commitment to improving healthcare accessibility, patient outcomes, and the well-being of underserved communities. Our journey, driven by Compassion, Operational excellence, Passion for social cause, and Equity, has empowered us to reach those most in need and offer life-changing interventions across the nation.

One of the cornerstones of our success has been our flagship initiatives such as Project Apna Ghar, the Hemophilia Patient Assistance Program, and the Blood Bank Upliftment Program. These initiatives are not just about healthcare—they represent our holistic approach to addressing the socio-economic determinants of health. Through Project Apna Ghar, we provided free accommodation, nutritious meals, transportation, and mental health support across 40 Transit Homes in 24 States and Union Territories, impacting 0.79 million patients and caregivers so far. Over the past decade, all our projects have collectively impacted 2.2 million lives across 30 States and Union Territories. This has helped alleviate the non-medical costs that often prevent patients from completing their treatment.

In addition, our Hemophilia Patient Assistance Program, since its inception, has made significant strides in providing life-saving treatments, reducing the burden of healthcare costs for nearly 20,000 beneficiaries, and promoting self-sufficiency through patient education. Meanwhile, our Blood Bank Upliftment Program has strengthened infrastructure over the years, ensuring safe and accessible blood supplies across a cumulative total of 184 blood centers in the country.

These milestones would not have been possible without the unwavering dedication of our teams, partners, and the communities we serve. Our evidence-based strategies and collaborative partnerships with healthcare providers, and government agencies have amplified the impact, allowing us to serve millions.

As we look ahead, our resolve to create an inclusive healthcare ecosystem remains steadfast and aspire to explore specialised initiatives in children's tertiary care. We are committed to ensuring that no individual is left behind in receiving the care they need. Thank you for your continued trust and support.

-Hasmukh K Chudgar

About Intas Foundation



Intas Foundation, the CSR arm of Intas Pharmaceuticals Ltd., established to address the specific needs of underprivileged and needy populations of the society with initiatives spread across various sectors such as socio-economic development, healthcare and community initiatives in alignment with global Sustainable Development Goals (SDGs).

Guided by our core values of compassion, operational excellence, passion, and equity, the Foundation is dedicated to enhancing the quality of life for individuals. Our impact-driven initiatives, executed by experienced teams and institutional partners, aim to create meaningful and sustainable change in society.



Mission: To create sustainable and affordable opportunities in the field of health, education and socio-economic development through quality infrastructure, services, and evidence-based interventions.



Objective: To provide and improve the access of quality infrastructure and services for the needy population.

Our Values : C.O.P.E.



Compassion Towards Needy: Our compassion drives us to selflessly serve those in need, ensuring their well-being and support in difficult times.



Operational Excellence: We achieve excellence by maintaining honesty, accountability, and transparency in all our operations, setting high standards in our work.



Passion for Social Cause: Our passion for our cause drives our commitment to continuously enhance processes, aiming for societal betterment and impactful outcomes.



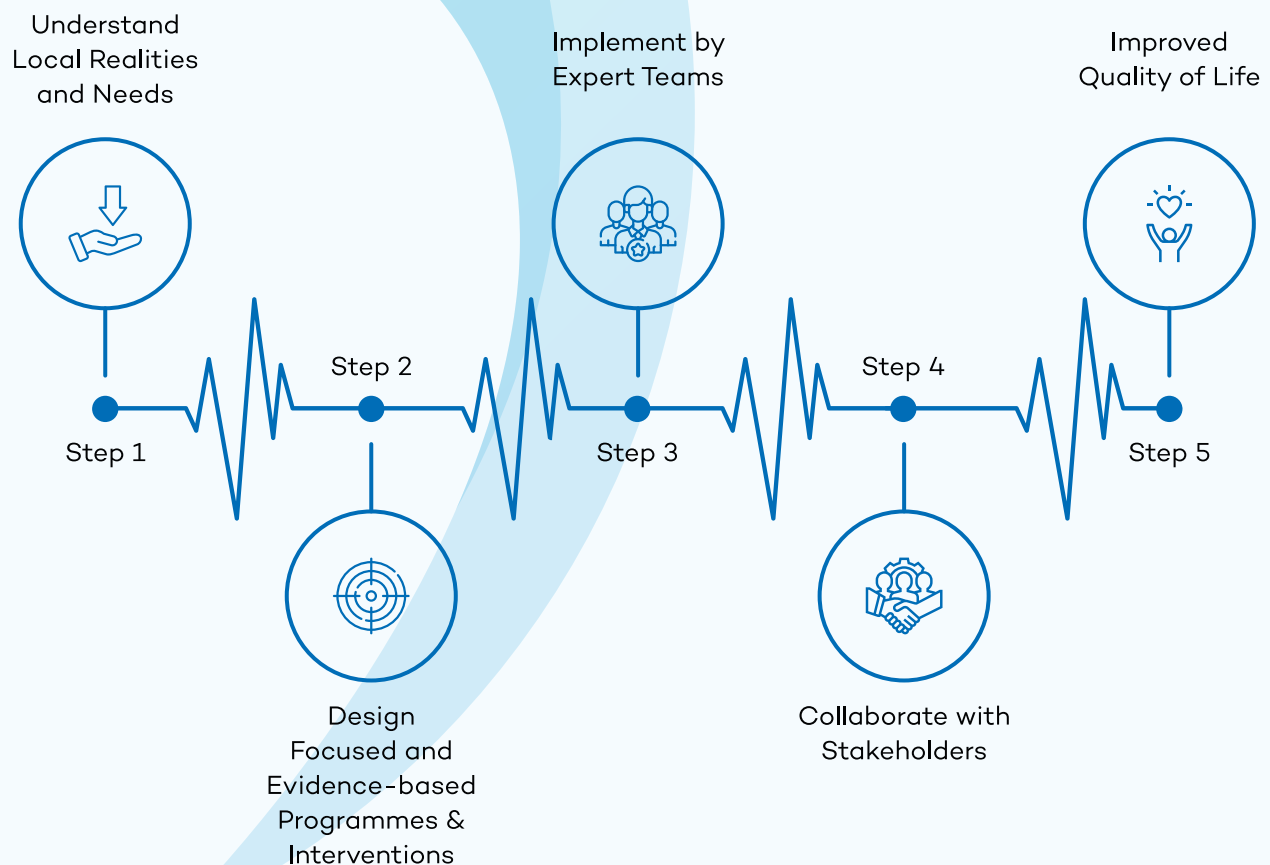
Equity in Program Delivery: We deliver programs equitably, reaching every needy person without discrimination, embracing diversity, and promoting inclusive support for all.

Our Approach






Intas Foundation believes that healthcare has a significant impact on people's social and economic lives. Good health is fundamental to well-being and enables individuals to lead productive and fulfilling lives. Access to quality healthcare allows people to engage in their areas of interest, pursue educational opportunities, and contribute to the workforce. Healthier individuals can support their families, and drive economic growth, while managing diseases to reduce healthcare costs, freeing resources for other essential needs. Robust healthcare systems reduce social inequalities by providing access to medical services for all, fostering social cohesion and stability. Thus, healthcare is a cornerstone of social and economic development, influencing productivity, reducing poverty, and promoting equality and social cohesion. By investing in healthcare, we invest in a more prosperous and equitable society.

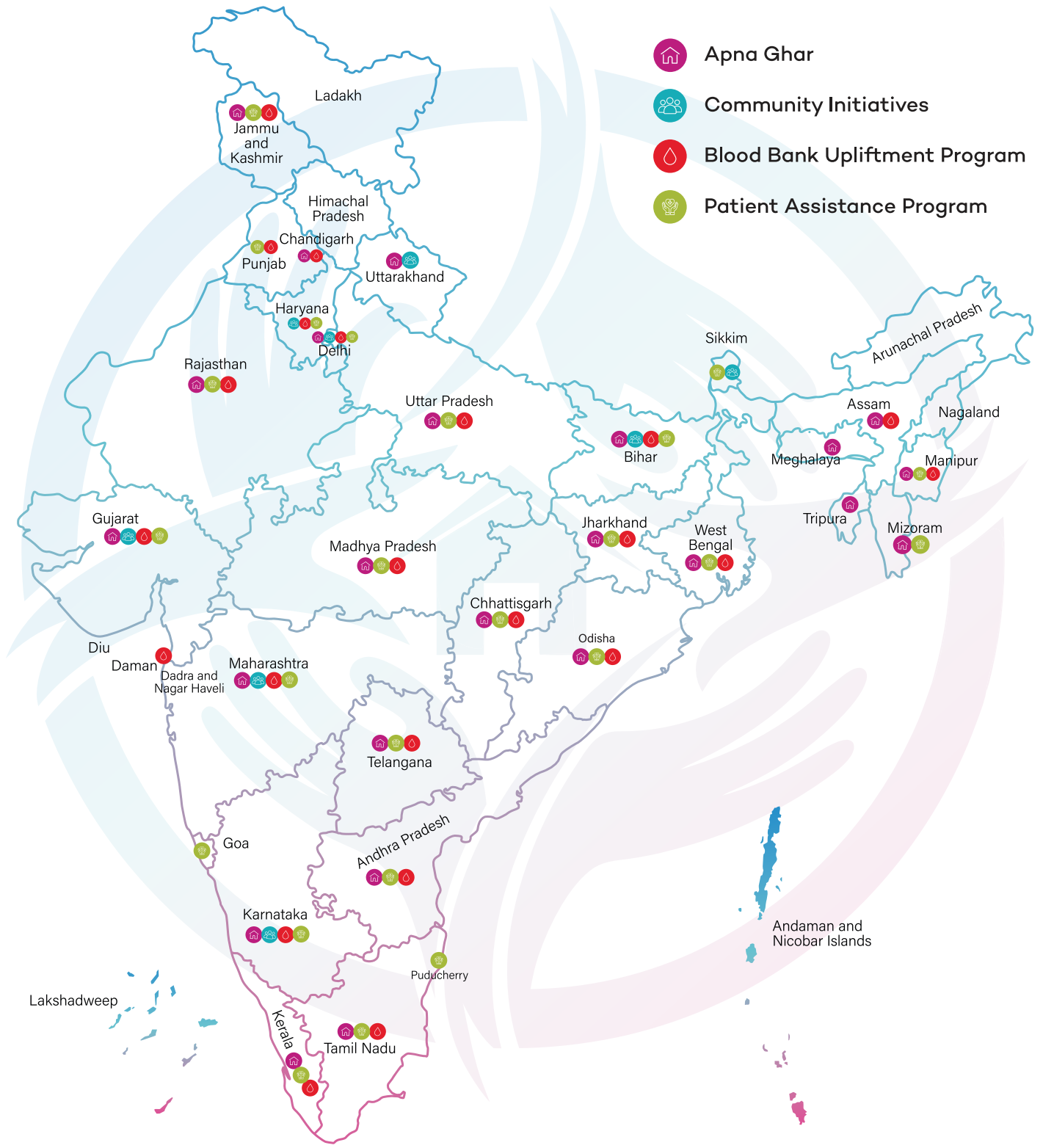
Social impact requires significant time, integrated efforts, and a deep understanding of local realities. The Foundation undertakes projects with proven concepts for impact investment in underserved thematic and geographic areas. Dedicated project teams, equipped with expertise, knowledge, and skills, are deployed to enhance the overall quality of project interventions. These teams reach the grassroots, conducting extensive needs assessments to improve program outcomes. Collaboration is key to such approach. The Foundation partners with various stakeholders from hospitals, governments, and non-profit organisations to enable populations to live a better quality of life.



Our Footprints



-  Apna Ghar
-  Community Initiatives
-  Blood Bank Upliftment Program
-  Patient Assistance Program



*Map is for indicative purpose only.



REACHING THE UNREACHED

30

States & UTs

654

Districts

101

Aspirational Districts &

2.2M

Beneficiaries



Reaching the Unreached



In 2023, the Foundation continued its unwavering commitment to enhancing healthcare accessibility and reducing patient drop-out rates through its flagship initiatives. Our efforts were focused on strengthening healthcare infrastructure, providing holistic care, enabling patient accessibility and ensuring that life-saving treatments reached those most in need. Our flagship projects, Apna Ghar, Blood Bank Upliftment Program, and the Patient Assistance Program, exemplify our strategic approach to addressing these critical issues.

The cornerstone of our strategy is integration of comprehensive patient support within the healthcare system. Recognizing that healthcare extends beyond medical treatment, we have focused on addressing the socio-economic determinants that affect patient

infrastructure of blood banks. This includes upgrading existing facilities, establishing new blood banks and equipping them with the latest technology. These efforts not only improve the immediate availability and accessibility of safe blood to the needy in remote areas but also ensures long-term sustainability by building local capacity. In collaboration with local health departments and hospitals, 129 blood banks equipped with state-of-the-art technology. This initiative not only increased the availability of safe blood supplies with adequate storage facilities but also contributed to advancement in blood services.

Partnerships play a pivotal role in reaching the unreached. Collaborating with government agencies, local healthcare providers, and non-profit organizations has allowed us to leverage resources



adherence to treatment regimens. Our holistic care model of Project Apna Ghar includes providing accommodation, transportation, nutritious food, and mental health support. By tackling these ancillary challenges, we have significantly mitigated the factors that contribute to patient drop-out. Throughout the year, Project Apna Ghar provided accommodation to over 0.44 million beneficiaries, ensuring they had a safe and comfortable place to stay near treatment centers from 36 cities of 24 States & UTs. Additionally, we facilitated transportation services for more than 200,000 patients, addressing one of the primary barriers to continue treatment. The provision of nutritious food, engagement activities and mental wellbeing through counselling further augmented their overall health outcomes.

Strengthening infrastructure is another critical element of our strategy. The lack of adequate healthcare facilities and services in underserved regions often leads to poor health outcomes. To address this, we have invested in strengthening local healthcare

and expertise, amplifying the impact of our initiatives. Our collaboration with clinicians and the governments have facilitated the availability of ensuring that patients with rare conditions such as hemophilia receive life-saving treatment at no cost. These partnerships are crucial in addressing the high-cost barriers associated with chronic and rare disease management, reducing the financial burden on patients and their families, and sustaining treatment outcomes. The Patient Assistance Program aimed at increasing the availability of quality healthcare for Persons with Hemophilia (PwH) in India by providing access to orphan drugs and specialized healthcare services free of cost. The availability of these critical medications, combined with regular medical check-ups, trainings on self-infusion and physiotherapy sessions, significantly improved the health outcomes of participants. Notably, the program addressed the high-cost barrier of hemophilia treatment, reducing the financial burden on families and enhancing access to services.

Reaching the Unreached



These initiatives demonstrate the Foundation's holistic approach to healthcare improvement—addressing infrastructural limitations, providing essential support services, and ensuring the availability of critical treatments. By continuing to build on these successes, we are confident in our ability to further bridge the gap in healthcare accessibility and improve the quality of life for underserved populations.

Our strategic focus on holistic care, infrastructure

development, partnerships, and data-driven interventions has created a robust framework for improving healthcare accessibility and reducing patient drop-out rates. By addressing the underlying causes of healthcare inequities, we are making significant strides towards a more inclusive and effective healthcare system. This comprehensive strategy not only improves individual health outcomes but also strengthens the overall resilience of healthcare systems.



Transforming Healthcare Access:



OUR MODEL FOR SUSTAINABILITY



Transforming Healthcare Access: Our Model for Sustainability



The sustainability of Intas Foundation's initiatives is firmly rooted in strategic focus on creating long-term impact through systemic investments and empowering communities. By addressing critical healthcare challenges in India, these programs ensure that their benefits endure well beyond their immediate implementation, fostering resilience and continuous improvement in the healthcare landscape.

Research indicates that cancer survivors who receive continuous support are more likely to return to the workforce, with up to 80% resuming employment within five years of treatment (Stapelfeldt et al., 2020). The wide accessibility of Apna Ghar centers across multiple cities created an enabling environment that not only improved individual health outcomes but also contributed to overall productivity and quality of life. Healthier individuals are more productive, with studies showing that good health and nutrition can increase productivity by up to 20% (ILO, 2024). This approach reduces the economic burden on families and fosters a sustainable model of support that can be replicated in other regions. Promoting stability and economic

progress by allowing people to continue being productive.

Improving treatment outcomes for patients with hemophilia through comprehensive care approaches is another facet. Hemophilia, affecting about 1 in 10,000 births globally, remains a significant health challenge with high treatment costs. By providing services such as genetic counselling, diagnostic support, self-infusion training, and physiotherapy, Intas Foundation empowering patients and their families to manage the condition proactively on their own and minimize dependency. Self-infusion training, for instance, educates patients and caregivers, reducing burden on healthcare facilities and empowering patients. This proactive management not only improves the quality of life for patients but also improve healthcare outcomes. Collaboration with government institutions, medical professionals, and civil society organizations ensures integration into the broader healthcare ecosystem and long-term sustainability.



Transforming Healthcare Access: Our Model for Sustainability



Enhancing the infrastructure, capacity, and technological capabilities of blood banks across India is a critical aspect in healthcare. India faces a significant shortfall in blood availability, with the nation being 1.9 million units short of its annual requirement (WHO, 2021). By contributing to the government and charitable blood banks, Intas Foundation ensured a steady supply of safe and quality blood components, vital for patients with chronic blood disorders and medical emergencies. Promoting voluntary blood donations and raising awareness helps build a robust and sustainable donor

stakeholders, including government bodies, medical institutions, and civil society organizations. These partnerships leverage resources and expertise, creating synergies that enhance the effectiveness and reach of the programs. The emphasis on evidence-based design and innovative strategies ensures that resources are optimized, and program outcomes are maximized.

The sustainability of Intas Foundation's initiatives lies in their design and implementation process, focusing on long-term impacts and continuous improvements. By



base, essential for meeting the increasing demand for blood. Enhancements in blood processing, storage capacity, and technological support ensure that these improvements endure, providing lasting benefits to the healthcare system. This comprehensive approach not only addresses current needs but also builds a resilient infrastructure capable of supporting future demand.

The sustainability of Intas Foundation's programs are reinforced by strategic collaborations with various

empowering individuals, building capacities, and fostering collaborations, these initiatives create enduring benefits that enhance the overall health and well-being of communities. The emphasis on continuous support, education, infrastructure development, and resource optimization ensures that the positive effects of these programs are felt for years to come, contributing to a healthier and more resilient healthcare systems.

A Year of Impact:



PROJECT APNA GHAR

Objective: Providing holistic care to patients suffering from cancer and other chronic conditions while they are being treated.

40
Transit Homes

101
Aspirational Districts

654
Districts

24
States
& UTs

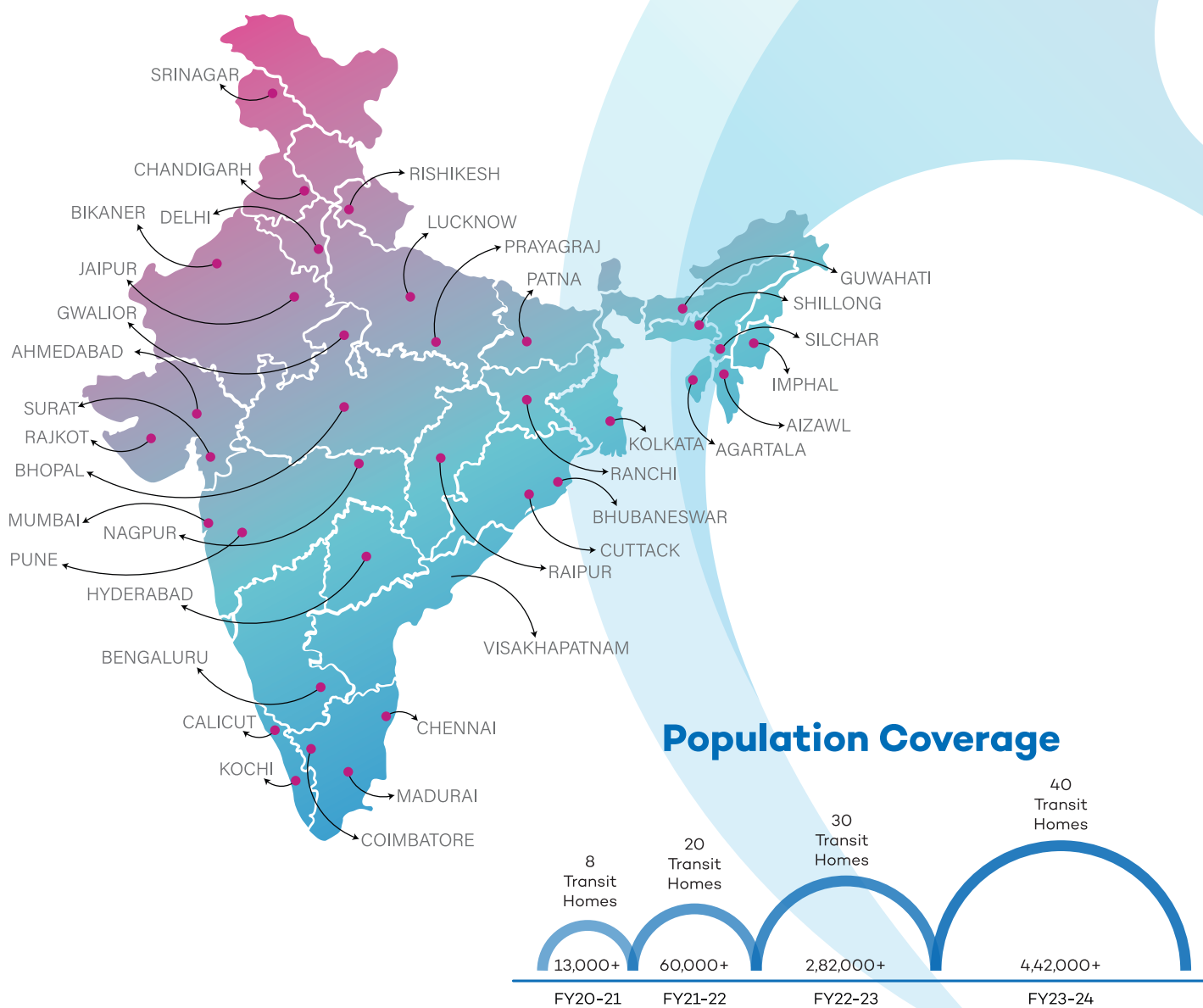


Project Apna Ghar



Cancer care in India is challenged by complex socio-economic factors, impacting treatment outcomes. Over 70% of cancer care facilities are located in urban areas, while about 66% of the population lives in rural areas, leading to significant healthcare access disparities (NCRP, 2020). Non-medical out-of-pocket expenses (OOPE), such as travel and lodging, often exceed 40% of the total treatment cost, placing a heavy financial burden on families despite subsidies by government hospitals (Kastor & Mohanty, 2018). Dropout rates are substantial, with an estimated 20-30% of patients

abandoning treatment due to extended treatment periods and high costs of accommodation, food, and transportation in cities (Cutler et al., 2018). Socio-economic factors also cause delayed diagnoses, with poorer families being 2-3 times more likely to seek late-stage treatment, resulting in lower survival rates and higher mortality (Dianatinasab et al., 2017). Additionally, over 80% of cancer patients lack access to essential counselling services, underscoring the need for comprehensive support systems and integrated initiatives to address these disparities (Fernando et al., 2023).



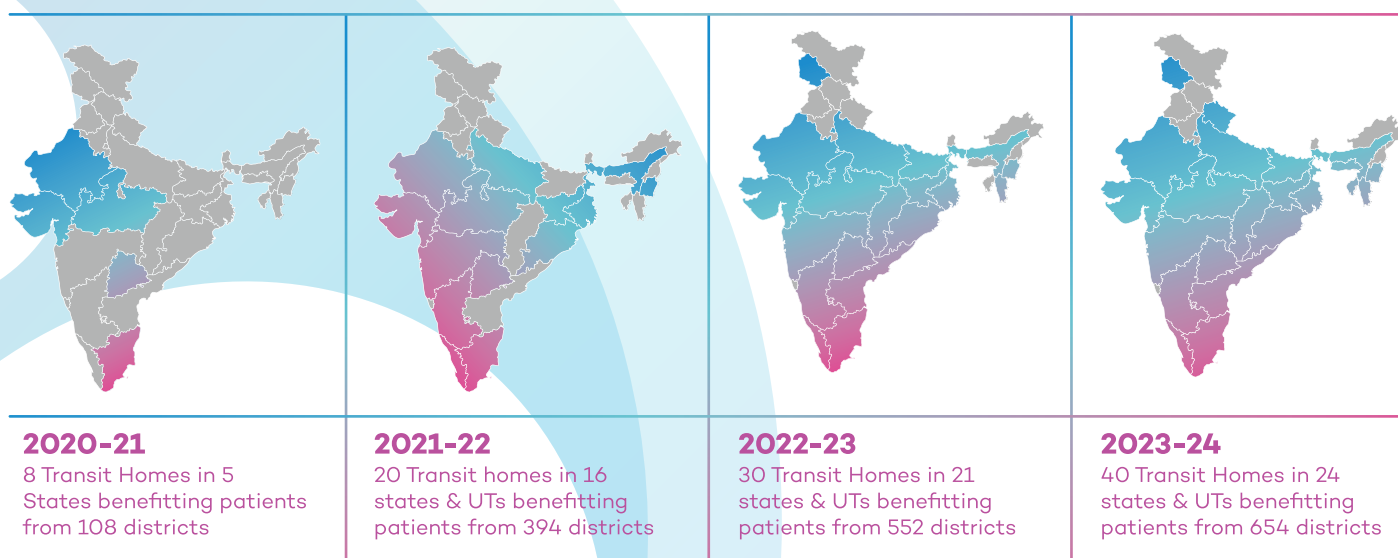
*Map is for indicative purpose only.

Project Apna Ghar



Project Apna Ghar, initiated in 2019 with three centers, focuses on enhancing healthcare access, improving patients' quality of life, reducing dropout rates, supporting mental well-being through counseling, and lowering out-of-pocket expenses. Recognizing the alignment with the Sustainable Development Goals (SDGs) and responding to the escalating demand for comprehensive patient support, the project has seen remarkable growth. By 2023, 40 Apna Ghar centers

In 2023, Project Apna Ghar provided vital services to patients from 654 districts, including 101 aspirational districts. These patients benefitted from the project's comprehensive support system, which includes accommodation, transportation, nutritious food, and mental health support, thereby significantly mitigating the adverse socio-economic factors that contribute to patient dropout rates.



*Maps are for indicative purpose only.

were established, expanding the network to 36 cities across 24 states and union territories, significantly broadening its reach and impact throughout India.

The project is dedicated to creating an enabling environment for patients suffering from chronic diseases by improving the accessibility of healthcare services. This is achieved by leveraging resources through strategic collaborations and partnerships with government institutions, private sector, and civil society organizations. Employing an evidence-based approach and innovative strategies, the project aim to optimize resources and enhance program outcomes. Project teams conduct situational analyses in each city through a series of key stakeholder interviews and resource assessments to evaluate the need for such services. Additionally, extensive research is carried out to identify suitable properties for accommodating patients in a homely environment.

Accommodation for patients seeking treatment in cities is often a challenge. A significant number of patients and their families travel from rural areas to urban centres for medical care, face challenges in accessing affordable and suitable lodging options. According to a 2019 report by the World Bank, approximately 63 million people in India are pushed into poverty due to healthcare expenses annually, a situation exacerbated by the high cost of accommodation in cities (World Bank, 2019). Many patients resort to staying in overcrowded and unsanitary conditions, which are community-run shelters, or even on hospital premises (NITI Aayog, 2021). The Indian Journal of Public Health highlights that inadequate patient accommodation can lead to increased stress and adversely affect recovery outcomes (Weber et al., 2022).

Comfort and Care: Accommodation Services at Apna Ghar



440,000+
Beneficiaries

85%
Occupancy
Rate

50.6%
Male

49.4%
Female

29%
New
Patients

71%
Repeat
Patients

Additional amenities include RO drinking water, a library, and Wi-Fi. For safety and security, the facilities are equipped with security personnel and CCTV surveillance. Housekeeping, sanitation, and toiletries are also provided to patients and their caregivers. To support paediatric patients, each facility includes a recreational and gaming zone.

stay per patient remained 5.8 days. Whereas the occupancy rate exceeded 85%, highlighting the substantial use of the facilities. Of the total accommodation beneficiaries, 50.6% were male and 49.4% were female. Notably, 29% were new patients, while 71% were repeat patients. The high percentage of repeat patients underscores the ongoing need for such services, continuous treatment adherence, and the trust placed in Apna Ghar by beneficiaries.

In 2023, over 440,000 beneficiaries utilized Apna Ghar's accommodation services. The average length of



Nourishing Lives: Food Services at Apna Ghar



Proper nutrition is vital during cancer treatment, and a diet plan can help patients maintain a healthy weight and strength. Recognizing that some patients may struggle with their dietary needs, Apna Ghar provides free nutritious meals to both patients and caregivers year-round. For those with specific dietary prescriptions, the Apna Ghar team assists in meal preparation to ensure all nutritional requirements are met. Each Apna Ghar has a weekly diet chart tailored to accommodate basic food requirements.

A key feature of Apna Ghar is the community kitchen, which plays a significant role in fostering a supportive and collaborative environment. Patients and caregivers come together to prepare and share meals, creating a sense of camaraderie and mutual assistance. The practice of community kitchen not

only ensures that everyone has access to nutritious food but also promotes a feeling of productivity and self-worth. Working together in the kitchen helps patients and caregivers build strong connections, providing emotional support during challenging times. The community kitchen model also encourages learning and sharing of cooking skills, empowering individuals with the knowledge to maintain a healthy diet even after leaving Apna Ghar. In Apna Ghar's community kitchens, traditional gender roles are often transcended as everyone collaborates in meal preparation, fostering equality and mutual respect among patients and caregivers. In 2023, over 445,000 beneficiaries availed food services and about 1 million+ meals were prepared and served.

445,000+ Beneficiaries



1M+ Meals Provided



Bridging the Distance: Transportation Services at Apna Ghar



Intracity travel in India can be particularly challenging for patients undergoing treatment, given the complexities of urban traffic, long distances between healthcare facilities, and the physical and emotional strain of frequent hospital visits. Recognizing these challenges, Apna Ghar ensures safe and reliable commutation between its facilities and treating hospitals by providing free and dedicated transportation services.

Each Apna Ghar is equipped with a transportation vehicle, typically a 7-seater or 13-seater, ferried by a compassionate driver. These vehicles make multiple

trips at scheduled time slots, ensuring that patients can attend their medical appointments without additional stress. In 2023, over 35,000+ scheduled trips were conducted, transporting 215,000+ beneficiaries.

This service is crucial in urban settings where navigating traffic and long travel times can be overwhelming. By offering dependable transportation, Apna Ghar not only facilitates timely medical care but also alleviates the logistical and emotional burdens associated with such travel for cancer patients.

35,000+
Trips



215,000+
Beneficiaries



Healing and Harmony: Comprehensive Mental Health Support



Engagement activities and counselling services at Apna Ghar play a crucial role in the holistic care of cancer patients. The emotional and psychological toll of cancer treatment can be overwhelming, making it essential to provide support that goes beyond medical care. Engagement activities, such as art therapy, group discussions, meditation, recreational games, and educational workshops, offer patients and caregivers a sense of normalcy and community. Celebration of regional and national festivals, birthdays, and days of national significance are some prominent activities to keep the patients engaged and happy over their stay. These activities not only help alleviate stress but also encourage social interaction, reducing feelings of isolation and loneliness. In 2023,

over 1400+ such activities were conducted.

Counselling services at Apna Ghar are an integral part of the comprehensive support system provided to cancer patients and their caregivers. Recognizing the emotional and psychological strain that accompanies a cancer diagnosis and treatment, Apna Ghar offers professional counselling to help patients navigate this challenging journey. This support is vital for managing the mental health challenges associated with cancer, such as depression and anxiety, which can significantly impact a patient's overall well-being and recovery. During the year, 11,000+ counselling sessions were conducted for physical and mental wellbeing of patients.

1400+
Activities

11,000+
Counselling Sessions



Mental Health Support



Personalized Emotional Support:

Each patient's experience with cancer is unique, and the counselling services at Apna Ghar are tailored to meet individual needs. Professional counsellors provide a compassionate and empathetic environment where patients can openly discuss their fears, anxieties, and emotional struggles. This personalized approach ensures that each patient receives the specific type of support they need.



Coping Strategies and Stress Management:

Cancer treatment can be physically and emotionally exhausting. Counsellors at Apna Ghar equip patients with effective coping strategies to manage stress, anxiety, and depression. Techniques such as mindfulness, relaxation exercises, and cognitive-behavioural therapy (CBT) are often used to help patients maintain a positive outlook and build resilience.



Support for Caregivers:

The emotional burden of cancer doesn't just affect the patients; caregivers also face significant stress and anxiety. Apna Ghar's counselling services extend to caregivers, providing them with the support they need to care for their loved ones while also taking care of their own mental health. Counselling sessions help caregivers develop coping mechanisms, manage stress, and find a balance between caregiving duties and personal well-being.



Group Therapy and Peer Support:

Apna Ghar organizes group therapy sessions where patients and caregivers can share their experiences and support each other. These sessions foster a sense of community and solidarity, helping participants feel less isolated. Peer support groups also play a crucial role in providing emotional and practical advice from those who have undergone similar experiences.



Holistic Approach to Healing:

Beyond addressing immediate emotional needs, the counselling services at Apna Ghar promote long-term psychological well-being. By integrating counseling with other therapeutic activities such as art therapy, music therapy, and recreational activities, Apna Ghar ensures a holistic approach to healing that addresses the mind, body, and spirit.



Doctor's Testimony



Dr. Janarthiankani

MD, DMRT, Radiation
Oncology, VHS
Multi-Speciality Hospital,
Chennai.

“The home was equipped with air-conditioned rooms and a community kitchen, fostering a supportive environment where patients and caregivers could come together as a community. The home is maintained in a manner that truly reflects the compassion and commitment of the Foundation. I commend Intas Foundation for their invaluable contributions to the well-being of individuals in need.



Patients coming from different districts asking for place to live, I shared with them the contact number of the Intas Foundation. The concept of free food and lodging is beneficial for the patients. It saves a huge amount of expenses of the patients. Intas Foundation is doing a great job, and they should continue this.



Dr. Jayanta

Director,
Chittaranjan National
Cancer Institute,
Kolkata.



Dr. Chandu Parab

Medical Social Worker,
Tata Memorial Hospital,
Mumbai.

“A city like Mumbai where patients are very large in number, Intas Foundation has been providing good services which are absolutely free of cost. A patient, after long runs of hospital and treatment exposure needs a home away from home and Intas Foundation through their Apna Ghar project has provided this to the patients successfully.



Intas Foundation Srinagar has started providing free accommodation, free food, free transport to patients having cancer; They have been rendering this service since Jan 2023. It is a great initiative and provides a lot of relief and facilities to the patients.



Dr. Manzoor

HOD, Radio-Oncology,
SMHS Hospital, Srinagar



Finding Hope in Home:

Anu Kumari's Journey with hope, Apna Ghar Guwahati

Anu Kumari, a 34-year-old, was diagnosed with breast cancer. She encountered a lump in her breast and, upon consultation, was advised to undergo immediate surgery followed by radiation. Anu, a single mother of two children working as a saleswoman, faced a battle. Following the tragic loss of her spouse in 2018, she became the sole provider for her family, grappling with the burden of rent, food, and transportation amidst her treatment.

During her follow-up, Anu found hope through Apna Ghar. She visited about 20 times and stayed for 116 days, undergoing 15 chemotherapy sessions, 22 radiotherapy sessions, and 10 follow-ups. Engaging in various activities and receiving counseling sessions, Anu found strength in the emotional support provided. Now, she only visits the hospital for follow-ups and stays at Apna Ghar.

Anu expresses gratitude, saying, "I found a family here: Additionally Bihu festival was the one celebration which I will always cherish!"



An Unyielding Spirit:

Shilaben's Triumph Over Ewing's Sarcoma, Apna Ghar Rajkot

Shilaben, a 46-year-old woman from the remote village of Keshod, initially experienced chest pain. Her journey with cancer began with a diagnosis of oral cancer. However, the challenges did not end there. After seeking medical attention, it was revealed that she was also afflicted with breast cancer.

Shilaben made her way to Rajkot, where she underwent surgery and received further treatment, during which she came to know about Apna Ghar. At Apna Ghar she stayed during 30 radiotherapy and 8 chemotherapy sessions.

As a farmer by occupation, Shilaben's livelihood and well-being depend greatly on her physical health. Despite these obstacles, Shilaben remains resilient, determined to overcome the adversity that has befallen her. Now, she can perform all her chores and visits Apna Ghar for follow-ups.

Shilaben says: "I appreciate the courteous and attentive team at Apna Ghar. It's a secure place, especially for women, with CCTV surveillance and 24/7 security. The positive environment, counseling, and training in liquid food preparation have boosted my confidence in treatment."



Facing the Unseen:

Maya Kumari's journey through cancer with courage, Apna Ghar Chennai

Maya Kumari, 44 years old, found herself confronting breast cancer. As a daily wage worker, her livelihood depends on her physical strength and well-being. She traveled from Thoothukudi to Chennai for further treatment. Initially staying with relatives, she faced mistreatment, prompting her to seek alternative accommodation. Through a conversation with a fellow patient, she discovered Apna Ghar, where she stayed for 153 days, undergoing 8 chemotherapy sessions, 25 radiotherapy sessions, and 1 surgery. She developed a strong bond with Apna Ghar, considering it her second home.

Maya praises the physiotherapy sessions, which were very helpful for her and to other cancer patients. After completing her final radiation treatment, subsequent tests brought joyous news—no recurrence of cancer. Now, she is advised by her doctor to visit every 6 months for follow-up.

Maya and her husband says, "We are grateful to all staff at Apna Ghar for treating us like family. The excellent facility, including air-conditioned rooms during treatment, made our stay comfortable. We also appreciated the counselling sessions, where we could discuss personal concerns."



An Account of Resilience:

Ajay's Victory, Apna Ghar Gwalior

At 17, Ajay Gupta's life took a sharp turn when diagnosed with Ewing's sarcoma. During his treatment, he stayed at Apna Ghar for 46 days undergoing 19 radiotherapy and 2 chemotherapy sessions. The side effects, including severe hair loss and physical weakness. However, the comprehensive care at Apna Ghar, which included counseling, helped Ajay overcome these challenges and improved his outlook significantly.

Ajay benefited immensely from the services such as accommodation, food, and transportation, which alleviated the financial burden of his treatment. Recently, he was declared cancer-free, a testament to his resilience and the holistic support by Apna Ghar.

Expressing his gratitude, Ajay said, "The stay was exceptional. The staff was supportive, nutritious food, and clean environment—essential for my recovery."

A Year of Impact:



PROJECT BLOOD BANK UPLIFTMENT PROGRAM

Objective: Improve access to quality blood supplies for the underprivileged and needy patients.

129
Blood Centers

82
Districts

20
States & UTs



Project Blood Bank Upliftment Program

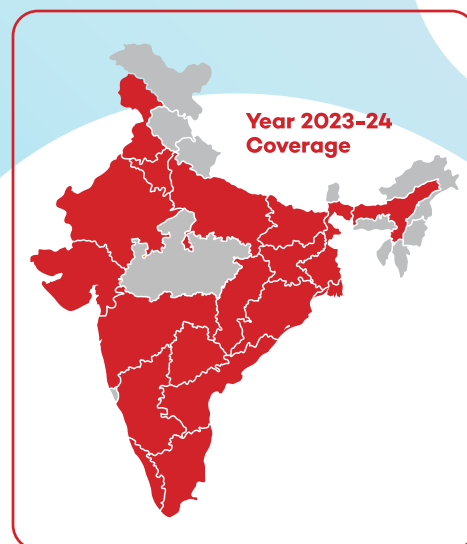
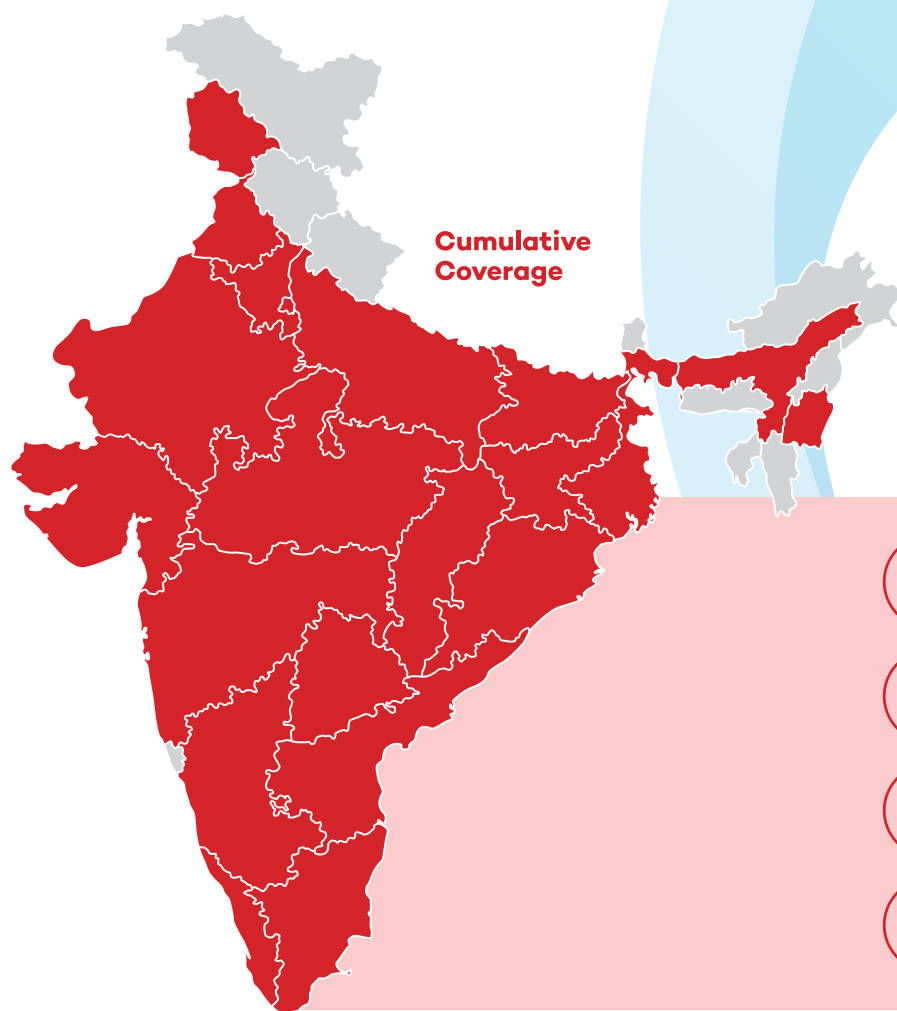


Blood banks play a crucial role in India's healthcare system by ensuring the availability of safe and sufficient blood supplies for medical treatment. Blood is essential for a wide range of patients, including those undergoing surgeries, trauma victims, cancer patients receiving chemotherapy, individuals with chronic illnesses like anaemia, and those requiring transfusions for conditions such as hemophilia, thalassaemia, or sickle cell disease. Timely access to blood can be lifesaving for these patients.

The blood banking sector in India holds immense potential to significantly improve the safety and availability of quality blood supplies. A primary

concern is the disparity between supply and demand, leading to frequent shortages. According to the World Health Organization (WHO, 2016), India faces a deficit of over 1.9 million units of blood annually, disproportionately affecting marginalized with limited healthcare access. This gap is exacerbated by a lack of awareness and many relying on replacement system. Additionally, the infrastructure for blood collection, storage and transportation is often inadequate, leading to potential spoilage and wastage. Ensuring safe blood is another critical concern, as the prevalence of transfusion-transmissible infections (TTIs) pose significant risks.

Geographic Coverage



Blood Banking Ecosystem Strengthening



Infrastructure Support & Development



Technology Upgradation



Education & Awareness

*Maps are for indicative purpose only.

Project Blood Bank Upliftment Program



There is a need to increase investment in modern testing facilities and training personnel for adherence to safety standards. Good Laboratory Practice (GLP) and Good Manufacturing Practice (GMP) standards, helps to maintain a reliable and safe blood supply.

Under the Blood Bank Upliftment Program, Intas Foundation aims to strengthen the blood bank ecosystem in India through infrastructure development, capacity building, knowledge enhancement, awareness creation, and promotion of

voluntary blood donation.

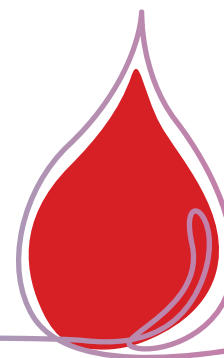
In 2023, assistance was provided to 129 blood banks across 20 states and union territories, covering 82 districts. This support focused on: i) enhancing blood processing, ii) expanding storage capacity, iii) improving augmentation, iv) boosting voluntary blood donation, v) offering technological support, and vi) advancing competency and awareness. The initiative indirectly benefited over 1.7 million patients/donors by improving access to quality blood services.



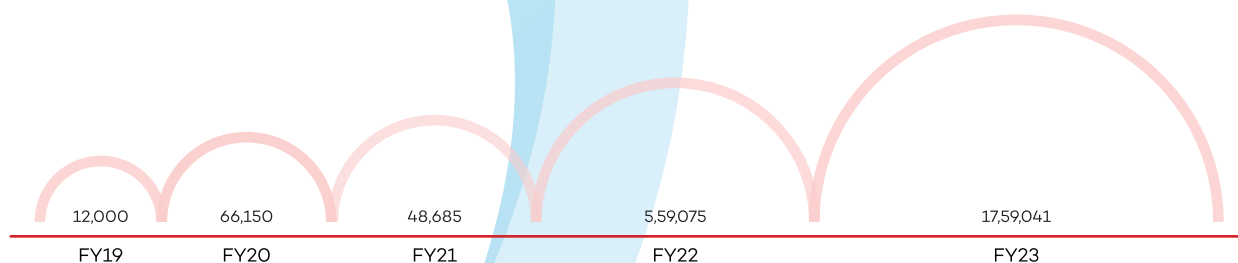
We extend our sincere gratitude for the generous support of Blood Mobile Van to Swami Ramanand Teerth Rural Government Medical College and Hospital, Ambajogai. We assure you that we are dedicated to utilizing the blood donation van to its fullest potential, ensuring that it serves its intended purpose effectively and efficiently.



Dr. Bhaskar Khaire
Dean, Swami Ramanand Teerth Rural Government Medical College and Hospital, Ambajogai, Maharashtra



Population Coverage



BLOOD BANKING EQUIPMENT



*Indirect beneficiary.

Project Blood Bank Upliftment Program



INFRASTRUCTURE SUPPORT & DEVELOPMENT



TECHNOLOGY UPGRADATION



SOFTWARE SUPPORT



**A Year
of Impact:**



HEMOPHILIA PATIENT ASSISTANCE PROGRAM

200+
Camps

77
Districts

21
States & UTs

Objective: Improving treatment outcomes of Persons with Hemophilia (PWH) in India through Continuum of Care approach.



Hemophilia Patient Assistance Program



Hemophilia is a genetic disorder characterized by the inability of blood to clot properly due to missing or deficient clotting factors. Individuals with hemophilia can experience significant disability/morbidity due to its impact on their daily lives. Frequent bleeding episodes, both internal and external, can lead to joint damage, chronic pain, and restricted mobility. Repeated bleeding into joints and muscles may cause long-term damage, resulting in reduced physical function and quality of life. Additionally, the need for ongoing medical treatments and precautions can limit normal activities and overall independence.

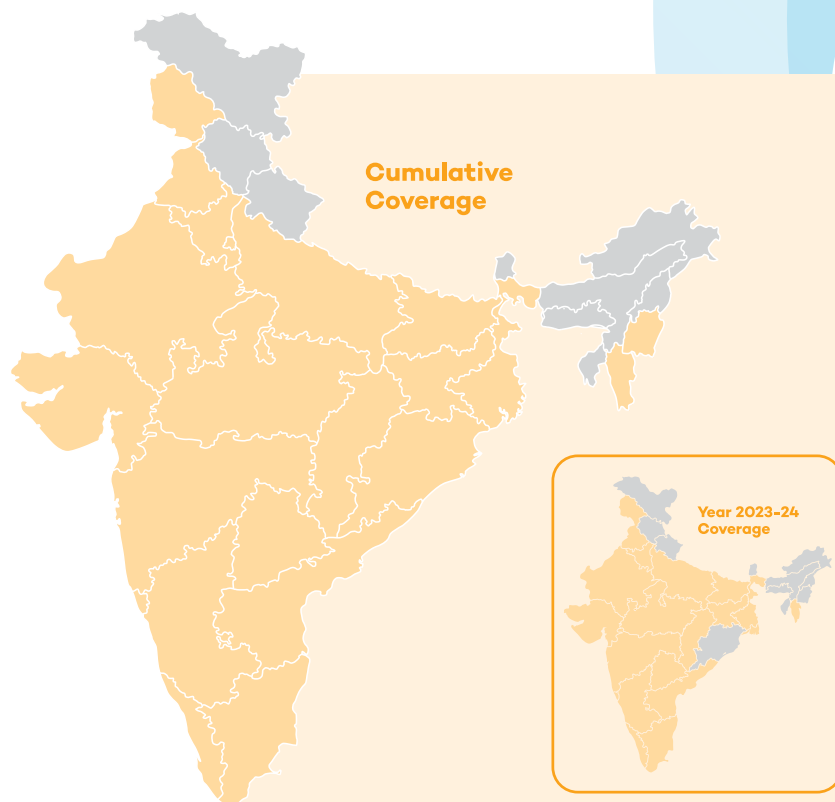
In India, the estimated number of hemophilia patients is over 100 thousand, but only about 20% of these patients so far have been identified and diagnosed. This underscores a significant gap in awareness, diagnosis, and access to care, highlighting the need for enhanced efforts in patient identification and accessing treatment.

The Hemophilia Patient Assistance Program (H-PAP)

aims to improve treatment outcomes for Persons with Hemophilia (PwH) in India through a continuum of care (CoC) approach. This comprehensive strategy begins with awareness and identification, using IEC to raise public awareness about hemophilia. Genetic counselling is provided to assess disease occurrence, educate on inheritance and genetic testing, and promote informed choices. Diagnostic support includes factor assays, inhibitor screenings, and logistical support to improve lab accessibility. Medical consultations help PwH understand diagnostic reports and treatment processes. The program also focuses on management of hemophilia by educating on self-infusion, promoting physiotherapy, and ensuring the availability of clotting factors. Continuous monitoring and adherence through follow-ups and treatment plan adoption ensure ongoing care management.

In 2023, 64 factor distribution camps provided 15,44,500 IU of clotting factor to 1,695 PwH who had hemophilia. Free distribution of these vials is crucial for ensuring timely access to treatment,

Geographic Coverage



*Map is for indicative purpose only.

Hemophilia Patient Assistance Program



especially in rural and remote areas. Due to higher per vial cost of clotting Factors, many patients face substantial out-of-pocket expenses (OOPE). By providing these clotting factor at no cost, the program alleviates financial burden, ensures immediate treatment during bleeding emergencies, and addresses the challenge of accessing care.

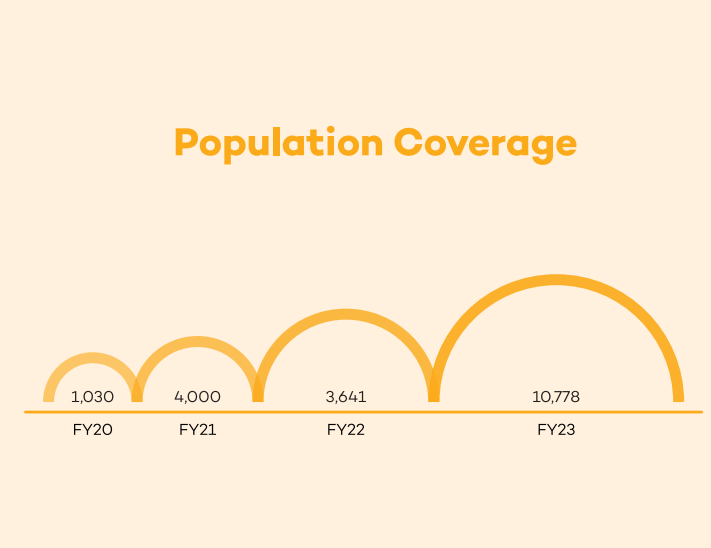
The program successfully conducted 48 self-infusion training camps in year 2023, benefiting 2,123 PwH and caregivers. By teaching self-infusion techniques, patients and caregivers gain the ability to administer promptly, reducing the risk of delay in factor administration and improving overall management. This empowerment not only facilitates immediate care but also alleviates the burden on healthcare system.

A total of 99 physiotherapy training camps were held, reaching 5,099 PwH and caregivers in year 2023. These training sessions are vital in India, where access to specialized physiotherapy is evolving. The training helps PwH and their caregivers learn techniques to

prevent joint damage and manage mobility issues effectively. By incorporating physiotherapy into their routine, PwH can significantly improve their quality of life, maintain better physical function, and reduce long-term disability.

In the year 2023, the program has made significant strides in supporting Persons with Hemophilia (PwH), offering comprehensive services. Genetic counselling was provided to 494 beneficiaries, aiding in understanding patients' genetic aspects and guiding for informed choices. Diagnostic and lab test support was extended to 770 individuals to ensure access to critical tests for accurate diagnosis and treatment. About 547 beneficiaries were provided with personalized medical consultations to help them understand diagnostic reports and treatment options.

Cumulatively, during the year 2023, the project has reached 10,000+ beneficiaries through 200+ camps in 21 States and Union Territories.



Doctor's Testimony



Surat team consistently conducts physiotherapy awareness programs, distributes factors, and organizes lab test camps for persons with Hemophilia. The proactive and dedicated team at Intas Foundation plays a pivotal role in organizing these events for the well-being of the patients. We extend our best wishes and encourage them to persist in these valuable activities in the future.
Thank you.



Dr. Nishant Tejwani

Lecturer, Gov.
Medical College,
Surat



Dr. Abhinav Fadnis

Consulting
Physiotherapist,
Lata Mangeshkar Hospital,
Nagpur

I send my heartfelt wishes to Intas Foundation for organizing an impactful event and undertaking a commendable initiative to support the haemophilia community. The distribution of free factors to patients in need and the effort to raise awareness about the disease are truly commendable. I genuinely hope that this generous approach towards haemophilia patients will continue in the future. Wishing the Intas Foundation team all the best for their upcoming endeavours.



Intas Foundation's commitment to hemophilia patients is exemplary. Their seamless support services and holistic approach improves haemophilia patient care. I wholeheartedly endorse their invaluable contribution to the hemophilia community.



Dr. Ashok Rajoriya

Hematologist, HHOC
(Hematology/ Hemato
Oncology Centre), Gwalior



A Year of Impact:



EMERGING INITIATIVES

Objective: Increasing the availability of quality healthcare and advancing community development by broadening the scope of services.

25,000+
Beneficiaries

177
Primary Schools

14
Districts

6
States & UTs



Emerging Initiatives



Intas Foundation has been actively engaged in education, healthcare, animal welfare, disaster relief, and community development near the plant location and other districts. Initiatives include medical treatment assistance, infrastructure development, eye check-up camps, food kit distribution, cultural and heritage development, educational support, and school infrastructure enhancement. These activities benefited over 25,000 individuals across 14 districts in six states: Gujarat, Sikkim, Maharashtra, Haryana, Karnataka, and Goa.

Through the Medical Treatment Assistance Program, more than 2,200 patients received support for eye surgeries, myeloma, leukemia, and other chronic conditions. Eye check-up camps were organized for over 14,000 beneficiaries in 4 districts of Goa and Karnataka. Life-saving drugs were provided to government and charitable hospitals in Gujarat and Karnataka to help paediatric patients and retired defence personnel and their families.



Emerging Initiatives

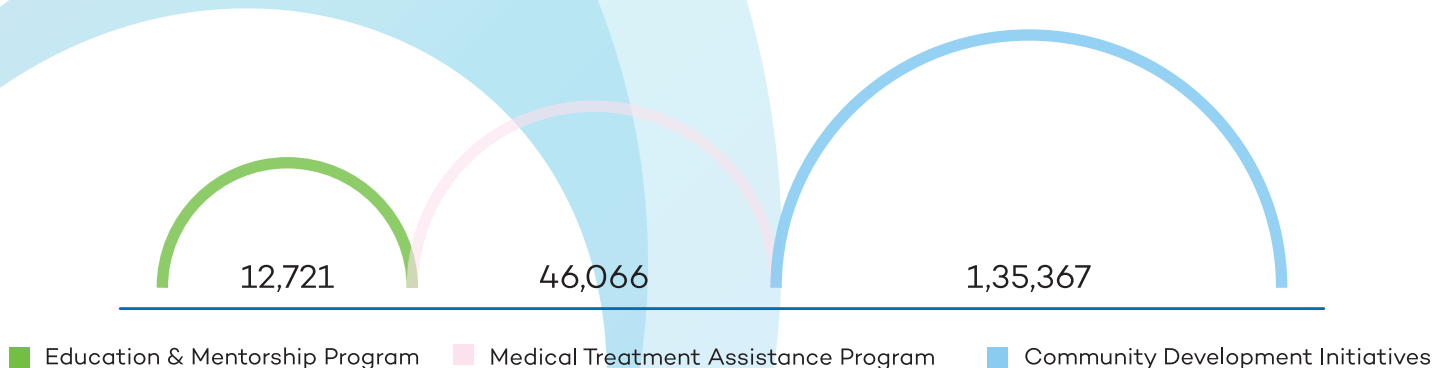


To promote a physically active lifestyle and well-being, “Project iFIT-3.0” benefited over 4,500 individuals across various locations. Additionally, food kits were distributed to over 3,000 needy families in Gujarat. Under animal welfare, support was provided in Gujarat for veterinary medicines and operational expenses. Support was also extended to preserve and disseminate cultural and heritage, construction and development of infrastructure for a patient waiting area at cancer hospital in Gujarat.

support for about 450 students through contribution in Gujarat. Additionally, school kits were distributed to 1,700 primary school students to improve enrolment rates in 117 primary schools in Bharuch district, Gujarat. Aid was extended to the Government of Sikkim for rehabilitation, reconstruction, and relief efforts during a flash flood in the districts of Mangan, Gangtok, Pakyong, and Namchi.

Educational interventions include infrastructure development for a residential hostel and scholarship

Population Coverage*



*Cummulative Coverage.

EAST REGION

- 📍 **Agartala TH**
Timir Choudhury
Nabarupa Saha
- 📍 **Aizawl TH**
Khangte Malsawmzuali
Vanlalawmpuia
- 📍 **Bhopal TH**
Rajesh Chouhan
Ravi Chauhan
Sunita Nadiu
- 📍 **Guwahati TH**
Anusmita Talukdar
Dipayani Ghosh
Sujoy Chakma
- 📍 **Imphal TH**
Chandam Singh
Heisnam Deni
Romabai Khoirom
- 📍 **Kolkata-1 TH**
Pampa Gayen
Rahul Singh
Saima Mukhtar
Sayani Roy
- 📍 **Kolkata-2 TH**
Debasish Das
Promita Bhattacharya
Puja Kumari
- 📍 **Patna TH**
Ajit Kumar
Deepak Kumar
Roshan Kumar
Shalini Sinha
- 📍 **Ranchi TH**
Arsad Alam
Neeru Das
Rajeev Ranjan
Ruby Kumari
Silika Ulal
- 📍 **Shillong TH**
Habinsuk Nongrum
George Kharmuti
- 📍 **Silchar TH**
Maumita Das
Taporati Debroy

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Devesh Bhargava
Monika Gahlot
- 📍 **Chandigarh TH**
Deepak Kirar
Pavneet Kaur
Priyanka .
- 📍 **Gwalior TH**
Neil Saraswat
Shubham Tomar
Swati Jain
- 📍 **Jaipur-2 TH**
Kapil Kumar
Pramila Sharma
- 📍 **Rishikesh TH**
Ajay Kumar Yadav
Naveen Kumar
Vaidehi Kulhan
- 📍 **Srinagar TH**
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Mehvish Ismail
Romana Mehraj
Salma Majeed
Tanveer Ahmad
- 📍 **Delhi-1 TH**
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Harleen Suri
Kalyan Singh
Muhammad Imtyaz
Nidhi Jain
Unzila Maviya
- 📍 **Delhi-2 TH**
Arushi Tripathi
Kunwar Pal
- 📍 **Jaipur-1 TH**
Alka Parmar
Amit Soni
Asha Dadhich
Parnika Sankhla
Suraj Yadav Karan
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Himanshu Dubey
Himanshu Gupta
Sarita Thakur
- 📍 **Prayagraj TH**
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Raju Chaurasiya
Shagun Srivastava
Shubham Mishra

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Pankaj Banswar
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Thomas Francis
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Kevin Kirubakaran
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Sujata Tanagala
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Hariharan V/S
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Soundarya Thanga
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Khudsiya Begum
Narayanawamy Venkatappa
Ranjana Selvaraj
Savita Kini
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Thripathi Jose
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Kiranratna Sagar
Ramunaidu Kilaparathi
Sujata Biswas

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Pavan Pawar
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Hemlata Parekh
- 📍 **Nagpur TH**
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Nikhil Vaidya
Pravina Gedam
- 📍 **Raipur TH**
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Somesch Parihar
Srishti Shukla
- 📍 **Surat TH**
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Sanjay Halpati
Suvarna Kale
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Suraj Sanjay Mali
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Bhagyashree Joshi
Pooja Bhatt
Suraj Gadhavi
Yatra Rathod

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Gracy Ray
Prakash Heda
Rajneesh Bakshi
Shalini Kumari
Shikha Chaudhari



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